

# Irish Charitable Trust

Working with the needs of the Irish Community

# A day in the life of the Irish Support & Advice Service

Annual Report 2000/2001

- **9.30am** The staff begin to arrive and the reception is setting up for the day. Milk, tea, coffee, and sandwiches are put out for the clients.
  - **9.55am** The clients are already arriving although the service does not start until 10.00am. A number of worried faces, awaiting solutions to their problems. They help themselves to a cuppa!
    - 11.10am The reception area is buzzing, Ann O'Donnell, is about to take yet another client into the interview room to resolve their problem, with form filling, DLA, IB and others. Alison Mowldes is busy gaining access to the hostels on line, to gain accommodation for another homeless young person. Whilst Ann Laffey, who has already been out on her daily rounds of outreach, for the housebound and elderly, is about to see a person who has called in to advise her of another lonely old Irish person who needs her help.
  - 12 noon Owen McGuirk, one of our long standing volunteers, and a stalworth!! Has just finished with a couple, who are looking to retire to Ireland. He now has a person looking to gain a birth certificate identity, in order to apply for welfare benefits. Joe Rice another much appreciated volunteer, is looking for an interview room, in order to discuss, in confidence, the information required for the client, who wishes to apply for a pre '53 Irish pension.
  - **1.00pm** The staff and volunteers, who have seen in total 19 clients this morning, welcome the lunch break.
- 2.00pm And the clients are already queuing up for the afternoon session.
- 4.30pm The service closes for the day, but the staff have not yet finished. We now have one hour case study, to discuss the cases of the day. This helps deal with problems immediately and helps the staff share experiences and solutions.
- **5.30pm** Back to their offices to complete the paperwork for the day.

That's Monday over with, 28 clients dealt with, and only another four days to go this week!!

## THE IRISH CHARITABLE TRUST

Incorporating

#### THE IRISH SUPPORT AND ADVICE SERVICE

Registered charity number: 1053278

#### OFFICERS AND PROFESSIONAL ADVISERS

## MEMBERS OF THE COMMITTEE

Kay Curtin Trustee

Eileen Dooley Trustee (resigned July 2001)

Margaret Doyle Chairperson
Fr Bob Dunn Trustee
Michael Feerick Trustee
Anne Killeen Trustee
Gerry Keegan Treasurer
Alice Casey Kennedy Member

Patrick McNally Company Secretary
Bob Mulcahy Vice Chairperson

Jacqui Reid Trustee

#### **REGISTERED OFFICE**

The Irish Centre Blacks Road Hammersmith London W6 9DT

#### **AUDITORS**

Michael Bell & Co. Chartered Accountants 56 Saint Jame's Street London E17 7PE

#### **BANKERS**

Allied Irish Bank Plc. Sovereign House 361 King Street Hammersmith London W6 9NA

## **SOLICITORS**

Cliona O'Tuama Hamilton House 1 Temple Avenue London EC4Y OHA

Patrick McNally Company Secretary

## INTRODUCTION

## History of the Irish Charitable Trust

The Irish Charitable Trust began as the Irish Welfare Bureau. The name was later changed to the Irish Support and Advice Service. The Irish Support and Advice Service was renamed the Irish Charitable Trust in January 1999. The Irish Support and Advice Service (ISAS) continues to be run from the Irish Centre in Hammersmith as a Trust project. In addition, since 1996, the agency has run its Outreach programme aimed at the most vulnerable members of the immigrant Irish community.

## Objects of the Irish Charitable Trust

Our charity was established for the purpose of relieving poverty and distress amongst Irish immigrants to the United Kingdom with particular regard to:

- 1. Assisting resident Irish immigrants where required to find suitable employment and accommodation in the UK.
- 2. Endeavouring to supply or gain access to the material and emotional support required by such immigration need.
- 3. Assisting Irish an other immigrants to obtain the benefit of statutory and voluntary support networks.
- 4. Providing information generally for immigrants with regard to social and recreational activities.

#### **Our Clients**

The Irish are the largest ethnic minority community in Britain generally, and are particularly concentrated in West London and in the London Borough of Hammersmith and Fulham.

Many of our clients emigrated from Ireland to Britain from the 1940's onwards and have lived and worked in West London for many years. Many men worked in physically demanding jobs in the construction industry.

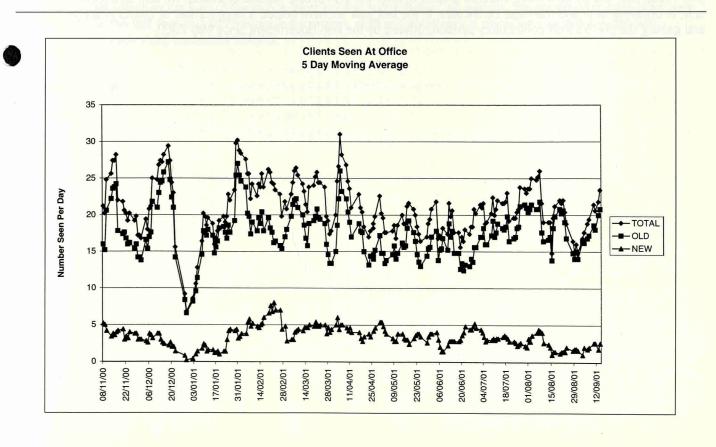
Although Irish emigrants to Britain are fewer in number in 2001, they are often in greater need. Many of the new emigrants we see have mental health or drug problems as well as facing the traditional challenges of finding work and affordable housing in a foreign country.

A large proportion of our clients are in insecure, short-term housing. Unemployment is high, many face significant health and disability issues. Observations at this agency reinforced by national data. About 25% of all clients of working age indicate that they have some sort of current health problem or a disability. Given the level of health problems the relatively low rate of registration with a GP is a matter of concern. Roughly one in eight clients has suffered from mental health problems. The high admission rate of Irish people to mental hospitals has been identified in published research, and been related to the experience of migration.

The clients who approach ISAS often come to obtain a variety of service. Their multiple needs cannot readily be met by mainstream agencies. At times, several visits are needed to deal with the variety of needs identified. We also endeavour to reassure clients at times of great hardship and distress.

## **Client Groups**

Client Group People with Children	Typical Problem Insecure Housing Unemployment Domestic Violence	Advice Welfare Benefits Financial Advice Housing Advice	Counselling	<b>Material/Support</b> Food
Unemployed People	Homelessness Alcohol Abuse Harassment	Housing Referral to Drying Out Clinic	Mental Health & Women's Group (domestic violence) Elderly Group (especially alcoholic)	guilleanug.
Under 25's	Homelessness Unemployment Mental Health Problems Alcohol Abuse Drug Abuse/HIV	Housing Employment		Help with ID and Repatriation Arrangements Food, and Travel Costs
Aged 25 to 44 Age Groups (50% of clients have lived in Britain for most of their lives)	Unemployment Insecure Housing (private renters) Homelessness	Housing welfare Benefits Health	General Counselling	Food & Clothing (for women, in particular)
Age 65 and over (most in Britain for over 10yrs, half have health problems)	Council Tenants Owners Occupiers in Badly Maintained Houses (few	Advocacy in Health & Housing	Elderly Group Outreach	Clothing Repatriation



private renters)

## **Our Services**

#### Advice Services

We offer advice on housing, welfare rights, employment, family matters, law, discrimination, domestic violence, and substance misuse.

#### Counselling

We have three therapy groups for mental health, elderly and women. We have also built up a strong team of 'one to one' counsellors, who are supervised by a qualified psychotherapist. The support and supervisory level is of a similar quality to MIND and similar national groups.

## Material support

We mainly operate as an advice centre, however, we have a number of backup systems for material support. We have gained support of a number of kind donors, as mentioned within the annual report, and this allows us to give hampers and clothing, especially at christmas. We have an arrangement with Pret a Manger, to take surplus sandwiches each day which we offer to our clients. We offer clothing and sometimes small amounts of money in order to allow the client to travel to a particular appointment. And of course, we are always open to offer the clients respite, in the form of a place to sit and have a cup to tea, something to eat, and to read the irish newspapers.

We have recently won a small grant which is to help us establish a pilot scheme for short term focused counselling. This is an exciting project, as there is a great need for this sort of project. This will offer a three month support mechanism for those people who leave hospitalisation for mental health issues, and where the GP is unable to immediately offer them an alternative support. This will firstly, help the person who is in need of the support, and will allow the GP, a period of time to source the correct quality of support that will follow on after the three months. This is being supported by Hammersmith & Fulham Mental Health Group.

## Irish-specific needs

We gain support from SVP, in Ireland, when helping clients who are in severe crisis and need to return to Ireland. We are also building up contacts and information for, especially the elderly Irish people who wish to return home, in particular when retiring. There are a number of projects in Ireland at present, and they are about to hold a conference, so that they can pool their resources, and so be a more effective project to offer the Irish people outside of Ireland. We also assist clients, at cost only, in obtaining birth and marriage certificates. In the last year we have helped a large number of clients in applying for and gaining the pre '53 irish contributory pension, offered by the Irish Government since May 2000.



# Chair's Report

It does not seem possible that a year has gone by since last I wrote a report as Chair for the Trust. However, it also does not seem possible that so much has been achieved in that time by the Irish Support & Advice Service.

Stella has now been in post for more than a year, and there has been significant changes within the service, and the awareness of our work externally.

The Trust, as I am sure that you are well aware goes back to the 1970's, and although the need of our clients continue, the type of service that we offer has had to go through changes, throughout that period in order to address those needs, none more so than in the last year.

The changing economy in Ireland is having a significant effect on our service and clients. For example, the Department of Enterprise, Trade and Employment in Ireland, under the leadership of Tanaiste and Minister, Mary Harney, increased the funding of the Dion Fund to IR£2,051.00. We at the Irish Charitable Trust were recipients of part of this funding.

Another area of significant change, is that of the feasibility of Irish people returning to Ireland. There is a great initiative in Ireland, at present, for projects that are encouraging people, and especially those near retirement, to return home to ireland. We at the Irish Charitable Trust have linked up with such organisations, such as the St Brendan's Village, Mulranny, co Mayo, and will be looking to getting people involved on the schemes if they with to return.

However, there are still large numbers of vulnerable people, remaining in London, who are ageing, often with ill health, and in a poor state financially. These people may never get the opportunity to go home. We are also seeing significant numbers of youngsters coming from Ireland, escaping what ever their traumas or bad experiences back home. It is with these groups that we are concentrating most of our efforts. We shall continue to operate for as long as these people need us.

Funding organisations such as ours, has also gone through many changes over the last decade. Like all voluntary sector trusts, we have to continue to compete in an ever increasingly competitive market for often reducing budgets from funders.

However, this last year, has seen a lot of changes within the service. This has been part of the strategy used by Stella, the Manager, with the objective of gaining the Quality Mark registration, which is a must for any front line agency, who wish to be accepted, as a credible service and to be included within the Community Legal Services Directory.

The changes were also necessary in order to help the staff and volunteers. They needed to be strengthened internally, in order to prepare them for the changes that were happening externally. We have been involved in projects such as the Pre '53 Pension seminar, the substance misuse conference, and the census campaign. These, and many other projects, will have a significant effect on the lives of the Irish in West London and in Britain, as a whole. We are proud to have been part of the impetus in the last year and with the present manager, staff and volunteers in place, we can look forward with confidence to an even more successful 2002-3.

Margaret Doyle Chairperson

## Manager's Report

I have been in my present role for a little over one year, and I have to say that it has been a challenging but rewarding one.

There has been a lot of re-structuring internally, and externally, and a lot of people to meet and meetings to attend.

Internally, we have gone right back to basics. We have looked at all documentation, policies and procedures with regards to the service, clients, staff and volunteers, which has been brought up to date. This all goes a long way to giving stability and focus to all. At this moment in time we are ready to put in our application for Quality Mark registration, for the Community Legal Services. This will establish our credibility further within the borough.

Externally, over the last year, I have become involved in a number of projects and associations. for example, I am involved in the Hammersmith & Fulham Best Value review process, this helps to keep the service abreast of what qualities are, and will be expected of the voluntary sector in the future. I have helped re-form, the racial equality group, under the new name of C.O.R.E. Partnership, this maintains contact with other ethnic minority groups, and is a joint voice to the local authority, strengthening our case for support. I am also involved with the Hammersmith & Fulham, Mental Health Group, and Hammersmith & Fulham Advise Forum, and Better Government for Elderly People. We also attended the National Suicide conference in Dublin, in January, which is precedent in formalising all of the statistics and research over the last 25 years, on suicides in Ireland. The results of the findings are distinctive in identifying two large groups, that of the elderly and young men. The next stage is to look into why these two groups.

I had an opportunity to be invited onto the Marion Finucane morning radio show on Irish Radio, in January, this received wide coverage not only in Ireland, but in the North of England. We have had a good response to this and are working on contacts received during this period.

Finally, i have taken on board the Education Officers role on the Federation of Irish Societies. This is an exciting time for the Federation, as they have been successful in securing funding for five new posts, and this will help them establish a stronger team in order to support the affiliates and members nationwide.

All of the above projects are strategic in getting The irish Charitable Trust, Irish Support & Advice Service, involved at all levels of support and need, at both local and national level, within the borough and Irish community.

Events that have taken place in the last year, have included, the usual Christmas hampers, clothing and vouchers. This is always well supported by our kind donor, doctor Edward Bishop King, for the Fulham residents. However, this year we received donations from donors in the Hammersmith area, Marks & Spencers, Tescos and a large Department Store in London, (who wish to remain anonymous) which enabled us to equal the distributions to our Hammersmith residents, and in fact surpassed previous years.

The Christmas party was also well supported by donors, as mentioned in the outreach report, and well attended by clients, and as usual everyone had a really good time!

Next came the 'Pre' '53 contributory Irish Pensions, involvement, which resulted in our holding a seminar in January. The seminar assisted a large number of elderly Irish in completing their forms, enmasse, and we are still following up the results of which there have already been a number of successful outcomes. The structure of the seminar was borrowed from the Coventry Irish Society, and in turn we were able to assist L.I.E.F., to organise and run similar seminars around the borough and beyond.

Following on from this, was the St Patrick's Day tea dance, and then Easter. We are also unique, in that we are the only Irish charity in London and maybe nationally that has its own pin badge with our logo, the sycamore seed. The logo depicts the seed which, scatters and falls on bother barren and fruitful ground, and so like the seeds, some Irish exiles, also fall, and therefore, some become vulnerable and need the support of the others.

Finally, we joined forces with Hammersmith & Fulham Dual Diagnosis team, and the Hammersmith Irish Centre, and through funding from LBH&F Social Services, we organised a successful Substance Misuse conference, in July. The guest speakers were Professor Mary Hickman, of University of North London, Irish Studies dept, and Sean Cassin, National strategy on Drugs, Ireland. The outcome of this conference, was summarised in the closing speech by the Hammersmith & Fulham, Director of Social Services, in that our recommendations are modest, and that they will be considered in terms of priority. One of the major outcomes we hope to achieve, besides more funding, is an Irish link worker in the community.

We are increasingly looking at various ways to fund each of the ongoing projects, and for new projects that we are putting together. This again, is proving successful.

Within the business and strategy plan for the forthcoming year, we have identified three areas for expansion in particular support work. We need to gain funding, in order to increase the staff levels for, firstly, a general advise worker, this person would take on the ever increasing numbers of clients, to deal with the less specific advice. Secondly, a disability advice worker, this is a particularly complex area when dealing with Disability Living Allowance forms. Thirdly, a specialist case worker, who would be able to take on the more complex case, of multi support, material needs, and deal with the client/family, in totality.

We have already, gained some small grants over the year, and the most recent being for a pilot scheme of short term focused, mental health support for the patient who has recently left hospitalisation, and is in between referral by their GP. This has been identified as a serious void in the system, and we have proved in our application how we can address this, within the three month support programme offered.

So as I mentioned at the beginning of my report, and I am sure the above confirms that this has been a challenging but rewarding year. However, I must take the opportunity to say that this could not have been achieved without funding from Hammersmith & Fulham, Social Services, and Community Liaison, From the Dion Committee, Private donor, Irish Youth Foundation, Ireland funding of Great Britain, and many other smaller donors, too numerous to mention, but certainly appreciated. I also have to say a big thanks to the wonderful support of the small but committed team of staff, and the ever growing team of enthusiastic volunteers. Thanks to you all!!

#### Stella Houlihan

Manager Irish Charitable Trust

Irish Support & Advice Service

## Welfare Benefits Advisor

Over the past year we have witnessed an ever increasing number of clients turning up at the door of the Irish Support & Advice Service. There can be many reasons for the clients requiring advice, which may vary from a small query that can be resolved by a quick telephone call or letter written on their behalf.

However, what is becoming increasingly evident in the requirements for gaining welfare benefits is the need for the clients to complete increasingly more complex application forms, such as housing benefits, incapacity benefits, and disability living allowance, to mention but a few. The client also has to be careful that if one of these forms are completed wrongly, it could effect not only that benefit, but a number of other benefits that they are rightly entitled to. Hence, the form filling part of my role, is a greater part of my time spent with the clients.

The client needs can often highlight, during the interview, many other spin off needs, such as dealing with repatriation, domestic violence, abuse, debt, work related, educational needs, homelessness legal matters etc. All of these other issues have to be dealt with in a sympathetic manner, and to gain the best advice swiftly, for each issue from the correct source.

The other side to the role as Welfare Benefits Advisor, is to ensure that I keep abreast of all legislation changes to welfare benefits. I must therefore, maintain my knowledge of changes by attending regular courses run by recognised bodies such as LASA. This is a must in order to carry out the best service for our clients.

It is important, as mentioned above, that I am aware of the responsibilities of my role as Welfare Benefits Advisor. However, in such a small team as that which operates at the Irish Support & Advice Service, it is just as important to operate effectively as a team. therefore, we are often standing in for each other, and dealing with the urgency and need of the client that is in front of you at that moment in time. This, I must admit, we do well, and I am very pleased to be part of such and enthusiastic and well meaning group of people.

Ann O'Donnell
Welfare Benefits Advisor

# **Housing Officer**

The Irish community in London are one of the most badly housed groups identified. A large number of Irish emigrants came over, as early as the 1950's and a late as the 1990's, and are mainly private renting tenants. Many of these people do not have formal tenancy agreements, and are a risk of losing their accommodation, without being aware of the housing options that are available. There is also a large proportion of the clients who are second and third generation Irish, in similar vulnerable situations.

The seriousness and urgency of the cases have to be quickly assessed in the interview. They range from homeless, with serious health and dependency problems. these people need access to hostels as soon as possible, this will then allow them, if they are willing, to move onto de-tox and re-habilitation programmes. Therefore, the accommodation may be the first step in a long but sometimes successful recovery programme.

The other less urgent cases, although just as serious, can range from neighbourhood disputes, rent arrears, accommodation repairs, etc. Again, I need to quickly assess the case, and if needed, refer the client onto the appropriate agency, to give the quality support that is needed.

The introduction of the new CLS referral system, and the CLS directory is proving, already a success in streamlining the referral system, and feedback to the original service. This allows us to pass on an Irish client, with the confidence that the client is aware that they will receive the help they need from the referred agency, although we will remain in the picture, to give the client that added comfort of support from an Irish agency.

In my short time with the Irish Support & Advice Service, I have purposely, arranged to meet with the West London CAT team, and other housing agencies, both voluntary and borough. So that I am aware of what housing services are offered in the borough. However, this has also been important, so that they in turn, are aware, that I am here, and working to empower the Irish clients, in dealing effectively with their housing issues.

Alison Mowldes Housing Officer

# **Outreach Report**

The Outreach Service continues to successfully reach out to socially isolated Irish Elders. Many of our clients live alone and do not have support from family or friends. Many suffer from ill-health, live in poor housing conditions and are not accessing the services available to them. It is not unusual to visit a client who has not claimed correct benefits and is struggling to survive on a low income.

The Outreach Service helps and supports vulnerable isolated Irish elders in the following ways,

- Visits clients at home/in hospital/hostels etc.
- Support with housing needs/rehousing,
- Support with accessing services, social workers/home helps,
- Support with benefit entitlement

It is our aim to ensure that as a service we work to improve the quality of life for Irish elders living in Hammersmith & Fulham.

This year we have successfully assisted a large number of clients to complete applications for Irish Pensions. This was a much publicised issue, but many of our clients were unsure of the entitlement procedures.

We have received positive feedback from many of those we assisted and they are now receiving an extra income. We also leeded to ensure that pensioners claiming the Irish pension were aware of the effect it would have on their income if they were in receipt of benefits in England.

As a service serving the community we are also keen to build up links with other services within the Hammersmith & Fulham area. Many thanks to all the services we liaise with often on a daily basis on behalf of clients. Without there assistance we would not be successful in ensuring a positive outcome for our Elders.

Once again we held tea dances to celebrate Christmas & St. Patricks day. These events are often the only social events our clients have the opportunity to attend, it is therefore vital that we ensure they enjoy the events.

Being a small charity we very much rely on the generosity of others, I would therefore like to say a big thank you to all those who very generously sponsored the events. These include Celtic Bakers, Cricklewood who provided bread, quiche, cakes, CST Foods, Hanwell who provided us with a large hamper of Irish foods. Fullers Brewery, Courage, Waverley Wines, who kindly provided drinks for this event. Also Thanks to Peggy's Irish Shop and Kelly's Irish Shop, Greenford, Macken's Butchers, Chiswick, the Hop Poles, William Morris and to Martin and his staff at the Robin Hood restaurant Hammersmith who stepped in, in our hour of need and kindly cooked all our turkey's, ham.

Without the assistance of all the above, such events as these would not be possible. Once again a Big Thank you from all of us. Thanks also to staff and volunteers who selfishly gave up their time to assist and also the Irish dancers. We look forward of uture successful events such as these as they bring so much joy to our clients.

Ann Laffey Outreach Worker

# **Counselling Services**

## Therapy Groups

The Irish Support & Advice Service, have run three therapy groups, for a number of years. Mental Health, Elderly, and Women's groups.

This year we recruited a new and enthusiastic mental health group worker, Lucy Early, who has, through the summer been putting in place a new programme. Lucy has also been working on raising awareness of this service to the relevant borough and voluntary groups who deal with mental health issues, Eg, MIND, and H&F Mental Health Group. We are looking forward to a new programme for the Autumn.

The other two groups have been run for a number of years by Johanna Duffy. With the extra supervisory support, this year, we have been looking at alternative and refreshing options in running the groups. Again, we are looking forward to an exciting Autumn for these two groups.

## 'One to One' Counselling

This service has seen immense growth in the last year, and has increased from one, counsellor, to a team of five. Each counsellor, has on board three or four clients, and they in turn receive supervision counselling, as laid down code of practice. This means that the increase in the service of counselling has increased from, availability for three clients, to availability for between 15 to 20 clients.

## Pilot scheme - short term focused counselling

This is a project that has been worked on by myself and the Manager, Stella Houlihan, for a number of months. We are pleased to announce that we have now received confirmation of funding for this much needed project.

The aim of this scheme is to offer support to the vulnerable patient who leaves hospital after receiving treatment for mental health issues. Often the client is left waiting for some time before receiving external support, via their GP, as the GP is unable to find the right support for them. The scheme will also allow the GP, breathing space, in order to source, a further quality support, to continue on at the end of the three months with us.

## Supervision of group and 'one to one' counsellors

This is particularly important as a support mechanism for the counsellors and group workers. It is known that when dealing with the emotional issues of their clients, there is a possible transference of the emotional issues onto the counsellor. Therefore, the supervision allows the counsellor the opportunity to deal with this immediately, and for the supervisor to ensure that the counsellor is not getting out of his/her depth, with any particular issue.

This has been an exciting project for me to get involved with. 2000/1 has been an exciting period of growth for this much needed service, within the Irish Support & Advice Service. 2001/2, will be even more challenging and interesting to watch!

**B** Martin

Supervisor - Counselling & Group Work Team

St. Patrick's Tea Dance, March 2001



Pensioners Christmas Party, December 2000.





Flora Marathon Awards Night, April 2001





Summer Day Trip, 2001.



Reminiscent Project - Agewell Exhibition, Hammersmith 2000.



Dublin Visit - SVP, January 2001.

# STATEMENT OF RESPONSIBILITIES OF THE MEMBERS OF THE COMMITTEE

Company law requires the Members of the committee to prepare Financial Statements for each financial year, which gives a true and fair view of the state of affairs of the charity at the end of the year and the surplus or deficiency for the year then ended.

In preparing those Financial Statements the Members of the Committee are required to select suitable accounting policies and then apply them on a consistent basis, making judgements and estimates that are prudent and reasonable. The Members of the Committee must also prepare the Financial Statements on the going concern basis, unless it is inappropriate to presume that the charity will continue in business.

the members of the committee are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the charity, and to enable them to insure that the financial Statements comply with the companies Act 1985. The Members of the committee are also responsible for safeguarding the assets to the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

## **AUDITORS REPORT TO THE MEMBERS**

We have audited the following Financial Statements which have been prepared under historical cost convention and accounting policies.

The following accounts may not be sufficient for a reader to understand the charity's accounts. A full set of accounts can be obtained from the Secretary of the Irish Charitable Trust.

## Respective Responsibilities of the Members of the Committee and the Auditors

The Members of the committee are responsible for the preparation of the Financial Statements. It is our responsibility to form an independent opinion, based on our audit, on those Statements and to report our opinion to you.

## **Basis of Opinion**

We conducted our audit in accordance with Auditing Standards issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the Financial Statements. It also includes an assessment of the significant estimates and judgements made in the preparation of the Financial Statements, and of whether the accounting policies are appropriate to the charitable company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit, so as to obtain all the information and explanations which we considered necessary, in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free of material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion, we also evaluated the overall adequacy of the presentation of information in the Financial Statements.

#### Opinion

In our opinion, the Financial Statements gave a true and fair view of the charitable company's state of affairs as a 31st March 2001, and of it's incoming resources and application of resources, including it's income and expenditure, in the year then ended and have been properly prepared in accordance with the Companies Act 1985.

MICHAEL BELL & CO Chartered Accounts 56 St. James's Street, London E17 7PE

September 2001

# STATEMENT OF FINANCIAL ACTIVITIES

Year Ended 31st march 2001

		Unrestricted Funds	Restricted Funds	Total Funds 2001	Total Funds 2000
	Notes				
Incoming Resources:		£	£	£	£
Donations		13,056	60,749	73,805	97,911
Grants receivable	(2)	0	92,895	92,895	103,854
Investment income		1,093	0	1,093	2,271
Total Incoming Resources		14,149	153,644	167,793	204,036
Resources Expended:					
Direct charitable expenditure	(3)	25,655	108,463	134,118	131,339
Fundraising and publicity		3,090	0	3,090	1,781
Management & administration	(5)	7,208	48,009	55,217	55,928
Total Resources Expended:		35,953	156,472	192,425	189,048

# SUMMARY OF INCOME AND EXPENDITURE ACCOUNT

Year Ended 31st march 2001

_Iurnover:	Notes	2001 £ 166,700	<b>2000</b> £ 201,765
du nover:		100,700	201,703
Cost of sales	(6)	192,425	189,048
Operating (Deficiency) / Surplus	(7)	-25,725	12,717
Other Income:			
Interest receivable and similar income	(8)	1,093	2,271
Net (Deficiency) / Surplus for the financial year:		<del>-24,632</del>	14,988
the (Sendency), Surplus for the infancial year.		=======================================	=====

## Balance Sheet as at 31st march 2001

Fixed Assets:	Notes		2001 £	2000 £
Tangible assets	(9)		4,848	6,308
Current Assets:				
Debtrs / prepayments	(10)	21,431		11,336
Cash at bank and in hand		17,053		48,519
		38,484		59,855
Creditors: Amounts falling d	ue			
within one year:-	(11)	14,854		13,053
Net Current Assets:			23,630	46,802
Total Assets Less Current Lia	abilities:-		28,478	53,110
Reserves:				
Designated funds	(12)		28,478	35,925
Other charitable funds			0	14,357
Restricted	(13)		0	2,828
			28,478	53.110