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# *The Irish Counties Journal*

SEPTEMBER, 1973

ISSUE No. 10

VOLUME 3





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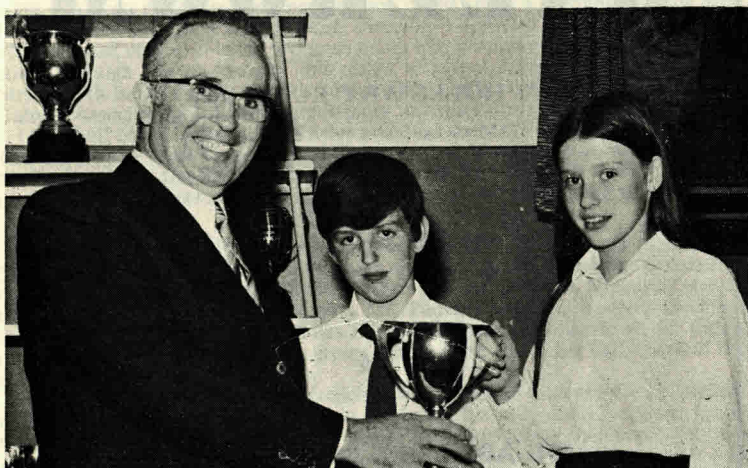
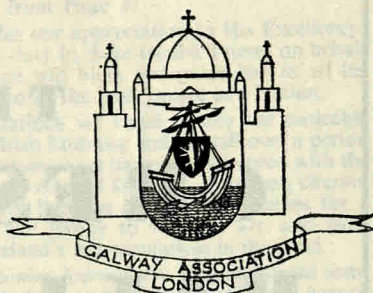
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# THE GALWAY ASSOCIATION OF LONDON

Patrons:  
The Archbishop of Tuam,  
The Bishop of Galway,  
The Mayor of Galway



Mr. Gerry Flynn presenting the Galway Association Cup to the winner at the Fleadh Ceoil held recently at the Irish Centre.

Photo by Martin Moroney (Tel. 01 - 743 1141).

A Cairdi,

This letter comes to you through the courtesy of *The Irish Counties Journal*, and is written with a special thought in mind of patrons attending our Annual Reunion Dinner on 4th October, 1973, at The Gresham Ballroom, Holloway Road, N.19.

To our distinguished guests from London and Galway we extend a hearty "Cead Mile Failte" and trust you will have a memorable evening with the London Galwegians. We are indeed happy to have you join us and we appreciate the privilege of your company.

To our ever faithful members and friends we extend a special word of appreciation in respect of your continued patronage, without which these functions would not be possible. We are indeed grateful for your support over the years and, with that thought in mind, your Committee of Management offers you Greetings and Good Wishes on this special occasion. As an Association we are justly proud of having between 400 and 500 patrons attend this annual function, 95 per cent. of whom hail from Co. Galway and its offshore islands. Few Associations can boast of such support from the parent County.

To further mark the occasion we offer fraternal greetings to our many friends in the County Associations whilst pledging continued support to the Council of Irish County Associations under which guidance we are happy to operate.

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## **GALWAY ASSOCIATION (Continued from Page 3)**

We feel this is a fitting occasion to offer our appreciation to His Excellency, Dr. Donal O'Sullivan for his devotion to duty in these troubled times on behalf of Ireland and its people. We pray God will bless and guide him in all his endeavours to bring peace and happiness to all the Irish people as a Nation.

In keeping with other County Associations we value greatly the amicable relations which exist between us and the Irish Embassy and its staff over a period of more than twenty years. On many occasions we have been favoured with the presence of the reigning Ambassador at our Annual Dinner. This year, circumstances permitting, Their Excellencies will join the London Galwegians for a social evening. We are indeed proud and happy to welcome Dr. and Mrs. O'Sullivan with the utmost respect as Ireland's representatives in this land.

Through the medium of *The Irish Counties Journal* you may have read some items which I have submitted from time to time on behalf of the Galway Association. As you read this item, perhaps you could spare a kind thought for Mrs. Jane Smyth (Waterford Association), Director, Thomond Publishing Company, who has been responsible for giving so much free publicity to the County Associations through the medium of this rather excellent magazine. To her credit, Mrs. Smyth has provided us with a remarkable and efficient service and we, the Galway Association, take this opportunity to tender our grateful appreciation.

On behalf of the Association I offer greetings to Mr. Tom Gorman, President The Council of Irish Counties and Proprietor of The Gresham, who, with Mr. McCausland and the Staff of The Gresham, has done so much to make this and many former Dinners at this venue such pleasant and happy events.

### **THE VILLAGE OF MONIVEA**

In Monivea, Co. Galway, the local development committee are planning to build a pitch and putt course on the main street. The course will be situated on the village green which runs for 440 yards. A tennis court is already in use on the green. The Committee Secretary, Mr. Pdraig McGann has told the Press that the main street in Monivea has the distinction of being one of the widest in Europe. A road divides two greens which were set in the early part of the century for the bleaching of flax.

Monivea was the home of the French family who had estates there for centuries. Sir Robert Percy French died in 1896 and his only child Kathleen Emily in 1938. This lady inherited vast estates and businesses in Russia but was dispossessed by the Bolsheviks in the October Revolution of 1917. In her will she left £1,000 in trust to the Archbishop of Tuam for the upkeep of the family vault which lies deep in a forest near Monivea.

Mass is celebrated once a year in the tiny mortuary for the souls of the French Clan.

**BOB DALY,**  
*Secretary*

### **THE ARAN ISLANDS**

These islands are situated about thirty miles from Galway City at the entrance to Galway Bay and are known as Innismaan, Innismore and Inniseer. Whilst holidaying in Galway I had the pleasure of visiting these islands on the steamship *Naomh Eanna*, which is named after the Patron Saint of the Aran Islands. The *Naomh Eanna* dropped anchor a few hundred yards off Inniseer and the journey to this island was completed by Currach. The Currach seems a fragile kind of craft fabricated from laths of wood about one inch square and covered by canvas which is stretched and tarred to make it waterproof. It is propelled by means of four oars operated by two men. These oars seem to be much longer than those used inland on the lakes and they are different in so much as they have no blades but are of uniform width from the handgrips to their tips. The oarsmen work in perfect unison and the Currach actually skims like an arrow across the water. An American whom I met commented, "Harvard would pay a colossal sum for oarsmen like these, such perfect rhythm."

I learned that, when the great winter gales beat against the Islands of Aran, complete isolation becomes the way of life and the islanders reveal utter indif-

ference to the world. To be on the Island of Innismore at that time is to know this strange "apartness" and to a sensitive person it can be frightening when the light of day goes and a dark wall surrounds all.

It is like a process of hibernation, a complete withdrawal, and time really means very little. It is at times like this that one can "step back in time" — over a thousand years. One becomes acutely aware that the island is a vast cemetery, with its monastic ruins, strange burial memorials, hundreds of grave-stones above the ground and many more covered by the wind-blown sand of centuries.

One sees near the ruins of the church of Saint Eanna, on Innismore strange burial memorials square like a household chimney as it emerges from a cottage roof with a cross on top. I have never seen this type on the mainland. However, long before the monks came to the islands of Aran, history had already been forged by a race making their last stand for life and independence in the most westerly reaches of the then known world.

Here, preserved for us, is evidence of a great prehistoric race — the massive stone forts, the pagan burial grounds and cromlechs. To this island of Innismore came Saint Eanna, a former pagan, born just before the death of Saint Patrick in 461. He remained a pagan into manhood and was a professional soldier. His temperament was warlike and mercurial, yet he had a great warmth of heart, and he was drawn to the beauty of the new faith as to a bright flame.

The young Eanna, of kingly lineage, set his course for Rome, no mean journey in those days. He was ordained in Italy and then came back to Ireland. He landed at Drogheda and gathered about him a group of holy men. He set out for the Aran Islands to form a monastic settlement.

He was to spend sixty years there (483 to 549). By 529 his island had become famous as a centre of learning, and monks and princes flocked from Europe to join his community. Eanna was undoubtedly one of the greatest leaders of the Church. He could not easily discard his kingly character and this was reflected in the severity of the rule. He was a man of great strength of character, a powerfully dominant personality, and an intellectual. It is recorded by Magraiden in 1390 that "in that golden age, the fifth, the Saints of the Sacred Island of Ireland almost equalled in St. Eanna was a strict disciplinarian, but the greatest punishment which could be imposed on a transgressor of the rule of discipline was expulsion from the island. This, to the monks of his community, was a fate worse than death.

The siting of these ancient monastic settlements reflected the aesthetic appreciation of the builders. Whether it was the sombre beauty of Glencolumbkille, it combined to form a splendid harmony that we shall never see again.

Innismore is a strange, fascinating island. It seems like a vast necropolis with its strange monuments and its huge stone forts. Its wonderful people, unlike us in their utter simplicity, understand the dignity of labour, the sanctity of life, and the discipline of self.

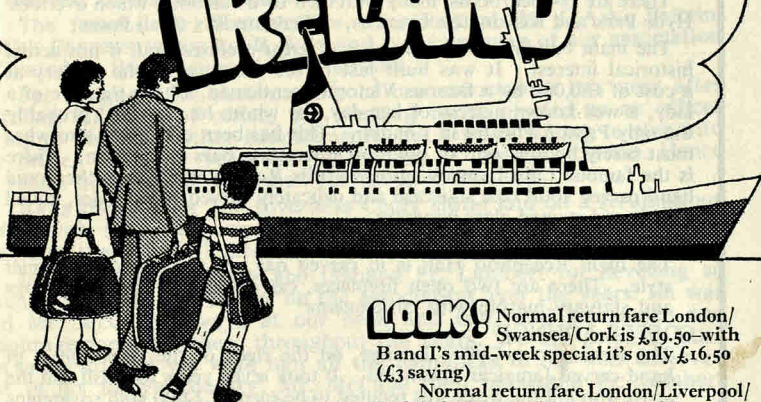
St. Eanna's feast day is on 21st March.

On visiting Innismore my wife and I made a point of having a look at a special shop which displays for sale all the island's handicrafts and produce. We selected two very beautiful sheep skin rugs at a reasonable price of just over £9 for the pair which included postage to our home in London. A few days after arriving in London we received our rugs, the exact two we had selected, which augurs well for the honesty of our dealings with the islanders who are so open-hearted and without guile.

BOB DALY,  
*Secretary*



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There are 184 bedrooms, many with their own balconies which overlook Hyde Park and Kensington Gardens. There are lifts to all floors.

The main building of the Hotel is of great architectural, if not actual historical interest. It was built just before the turn of the century at a cost of £80,000 by a famous Victorian gentleman, all for the love of a lady, a well-known actress of her day, for whom he provided probably the only Private Theatre in London. This has been converted into what must surely be now one of the most interesting bars in London. There is the famous Lilly Langtry suite, with its Roman Bathroom, the grand hand carved solid oak staircase and delicately carved balustrades, gilded shields and stained glass windows.

### RECEPTION

The main Reception Hall is in carved oak, in the Francois Premier style. There are two open fireplaces, carried out in fine green onyx and statuary marble with enrichments

### COFFEE LOUNGE

The Renaissance Coffee Lounge, on the right of the reception is of hand-carved Jamaican rosewood. It took seven years to finish and the artist who did the work was reputed to be earning 1,000 gold sovereigns a year for his pains.

There is another onyx chimney piece, a painted ceiling and two portraits — one of which is of Queen Victoria after the famous Winterhalter portrait in Windsor Castle. This salon alone entailed an outlay of £10,000

### DINING ROOM

The Hotel Restaurant has been designed to be in keeping with original architecture of this historical building and offers a first-class cuisine.

### COCKTAIL BAR

The Cocktail Bar, once a private theatre, is well worth a visit. The plaster work in gold is unique and the original boxes still remain. It retains all the glamour of Viennese Court Theatre atmosphere.

### LOUNGES

Leading off the Grand Staircase is the Drawing Room, an authentic presentation of a Louise Seize Salon, decorated entirely in white and gold with a parquet floor and a choice Rouge Napoleon mantelpiece enriched with Ormolu. Adjoining the Drawing Room is the Conference Room, which is in the early Georgian style. The walls are entirely panelled in English oak, and are fitted with beautifully carved cabinets, over the mantel of the chimney piece is a fine carving after Grinling Gibbons.

### BEDROOMS

All Bedrooms are modernised with private bath, shower and W.C., self-dial G.P.O. telephone, radio and colour television, and are served by two passenger lifts.



## THE LONDON WEXFORD MEN'S ASSOCIATION

Patron: Most Rev. Dr. DONAL HERLIHY, D.D., Bishop of Ferns

President: Rev. Fr. N. LAMBERT, O.S.C.

Vice-Presidents: Rev. Fr. DERMOT McGRATH, O.S.C.; Mr. D. J. O'LEARY

Treasurer: Mr. D. CADOGAN

Vice-Chairman: Mr. P. McCABE

Secretary :

STELLA ROCHE, 59 Hereford Road, London, W.2.

The Inverness Court Hotel was the very grand setting for a farewell buffet and presentation given for Fr. Nicholas Lambert on the occasion of his retirement to Ireland.

Fr. Lambert was patron and advisor in our association from the time of its formation in 1953.

Fr. Lambert was a Parish Priest at the church of Our Lady Queen of Heaven, Queensway, London, W.2., for a great number of years.

The famous Mr. Pat McCabe, President of the G.A.A., Britain, British Representative for B. & I., and vice-chairman of our association officiated, in the absence of the chairman.

Pat resigned the chairmanship of our association this year after fulfilling his term of office, not wanting to be elected as an officer owing to his many other commitments, but always willing to step into the breach over the years for the benefit of the Association. Hence he found himself vice-chairman for the current year.

As is the custom The Inverness Court Hotel laid on a scrumptious buffet with first class service from the Chefs and the Bar staff. We even had the personal attention of the affable Mr. Chris Casserley.

In his speech Mr. McCabe thanked Fr. Lambert for devoting so much of his time and energy on the association over the years. He was said Mr. McCabe always at our beck and call, and his advice and encouragement was there throughout the years. We are going to miss him said Pat, and we wish him all the happiness in his well deserved rest in his native country. Mr. McCabe then presented Fr. Lambert with a cheque for £50 on behalf of the association.

Fr. Lambert in his reply thanked the association for their generous gift and showed his astonishment at receiving same. He hoped the association would continue the hard work put into acquiring the funds to finish the John F. Kennedy Hostel in the not too distant future. It was, he said, indeed very badly needed: The young people coming over from Ireland found it impossible to get flats or rooms in London especially, he joked, when tycoons like Mr. Chris Casserley buy up all the buildings and turn them into Grand Hotels like the Inverness Court.

Fr. Lambert praised the older members such as Pat McCabe, Martin Whitty, Tommy Murphy and Danny O'Leary for their efforts on behalf of the association down the years. Fr. Lambert hoped the association would grow from strength to strength. He would continue to keep in touch and would have the kettle boiling on the hob at John Street for the Wexford Association members on their visits home, which he hoped would be frequent.

The Irish Counties Journal was represented by Mr. and Mrs. Wally Smyth who led the dancing to the music of Norman Vance, a native of Wexford. Mrs. Smyth is a member of our Association, and is entitled to be through her ancestors. Though born in Waterford, Jane's parents and grandparents hail from the County Wexford. I learned from a very reliable source that Sir Robert McAlpine was a frequent visitor to her grandparents' home, that of Mr. and Mrs. John O'Neill during the building of the main Wexford/Dublin railway line. Jack O'Neill was

Continued on Page 30

## THE WATERFORD ASSOCIATION LONDON



**Patron: The Most Rev. Dr. Michael Russell, D.D.,  
Bishop of Waterford and Lismore**

**President: Right Rev. Charles J. Henderson**

**Bishop Tricala and Auxiliary Bishop of Southwark**

**Chairman:**

**Mr. J. FRENCH, 64 Victoria Road, London, N.9. Tel. 807 2114**

**Vice-Chairman: Mr. P. MOLONEY**

**70 Olive Road, Cricklewood, N.W.2. Tel. 450 7027**

**Treasurer:**

**Mr. P. STAFFORD, 53 Caithness House, Bemerton Street,  
London, N.1. Tel. 837 8770**

**Hon. Secretary:**

**Mr. M. DONOVAN, 59 Park Rd., Hendon, N.W.4. Tel. 202 6357**

**Assistant Secretary: Mr. T. A. CULLEN**

### The Very Rich Family at our Dinner in Waterford

Among the 250 who sat down to our Sixth Annual Reunion Dinner in Waterford on the 4th August last was the Wall Family who recently became the recipients of £118,276. 35p through Littlewoods Football Pools.

Mr. John Wall who hails from Stradbally, Co. Waterford, and his wife Bridie, from Co. Cavan, are still in a daze. They have two grown-up children, 17-year-old Angela, and 16-year-old John, who accompanied them to the dinner.

The Walls are returning to Waterford and setting up home in Mr. Wall's birthplace of Stradbally.

As usual we had our beloved Patron, Dr. Michael Russell, Bishop of Waterford and Lismore; Dr. John Ward Armstrong, Bishop of Cashel Emly, Waterford and Lismore; Alderman Tom Brennan, Mayor of Waterford and the Lady Mayoress; Senator Brown and Mrs Brown; Alderman Tim Galvin and Mrs. Galvin; Councillor William Jones and Mrs. Jones; Fr. Bill Meehan, our old friend of many year's standing; Mr. Sean King and Mrs. King, and party. Our President Bishop Henderson was unable to attend owing to his urgent duties at Southwark. We were in his thoughts as the telegram read out at the Dinner showed. He also sent worthy representatives in his father, Mr. Charles Henderson; Mr. and Mrs. N. Cunningham and their daughter; Mr. and Mrs. Jim Scanlon and the indomitable Mr. James Power. James was the first Waterford Mayor to attend a Waterford Association function in London. I believe that for his 80th birthday recently, his family added a golden link to the Mayoral Chain in his honour.

From the Waterford Association, New York, came Mr. James Mernin. The Waterford Association, Birmingham, the chairman Mr. J. Power and Mrs. Power. Our old friends Mr. and Mrs. Eddie Cullinan. Eddie is a past chairman of the Birmingham Association, as is Mr. Billy Cleary who attended with Mrs. Cleary.

The Waterford Association, Dublin, sent us their chairman Mr. Patrick Dalton and Mrs. Dalton. We also had the pleasure of the famous Mai O'Higgins from the Dublin Association.

Among the hundred people who travelled from London were chairman Mr. Jim French and Mrs. French; vice-chairman Mr. Paddy Maloney and Mrs. Maloney; Mr. and Mrs. Wally Smyth and son Bill, home from Australia for a holiday in London; Mr. and Mrs. John Griffin; our Secretary, Mr. M. Donovan, accompanied by his wife and Helen's parents, Mr. and Mrs. Dowling and daughter-in-law. Helen was seen tripping the Light Fantastique with her very agile father, who was never off the dance floor; Mossy was seen rushing around organising and delegating his many duties as secretaries do on such occasions.

The business people of Waterford were, as usual, our benefactors with so many valuable presents that nearly every other person went home with either a table prize or a spot prize. We would like, through the pages of this *Journal*, to thank them for their continued generosity through the years. It is a comforting thought to know that the people of Waterford are behind us in our efforts

Continued on page 30



## DARK SHADOWS

At dead of night,  
When pale moonbeams flicker  
And dance  
And shed their ghostly light  
In shadowy corners :  
When the world is still  
And sleeping and at peace,  
A plaintive cry is heard —  
A child's tiny dream world  
Is haunted  
By fantasies  
His tiny hand reaches and searches  
And is enfolded  
In Mother's comforting hand :  
And soothing tones  
Lull the infant mind  
And he is still  
And sleeping and at peace.

— M. J. BRAZIL

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## BRITAIN'S ECONOMY

The following is the duplicate of a letter written to the *Financial Times* on 26th January, 1973, by Thomas A. Beckett, President of Sligo Association and Chairman of Augur Accessories.

Dear Sir,

The White Paper should slow up the Gadarene rush down the ever sleeping slope of inflation but practical economists know that the basic trouble is the inefficient application of "Labour" to "Land"; and that at best the White Paper will only be an anodyne not a cure of the country's economic ill-health.

The Patient, unfortunately, has been, by the over exigent attention of Amateur Theorist Economists with their "Patent Medicines", reduced to a state of psychosis and steadfastly proclaims that he is allergic to such old fashioned methods as improving production in consonance with "Wage Increases", which means that the "Practical Economists" must resort to a bit of "jiggery pokery" book-keeping.

He must make deflation seem to be effected. He must reduce the cost of something and the "obvious" for reductions are the Postal Services, Goods Delivery Services and, above all, Public Transport Services.

Rents, of course, should be stabilised. I am a landlord myself in a very small way and I would be prepared to forgo increases and even reduce present charges if the British Government got down to Practical Economics with the costly overheads of an inflated civil service. It is absolute nonsense to talk of "Deflation" and at the same time condone the British Road Services increase in transport charges.

Yours faithfully,

THOMAS A. BECKETT

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## CAVAN ASSOCIATION IN LONDON

President: Mr. James Conway.  
Chairman: Mr. Matthew Brunton.  
Hon. Treasurer:

Rev. T. McCabe, The Irish Centre, 52 Camden Square, London, N.W.1. Tel. 485 0051  
Press Officer: Mr. D. Maguire, 174 Amhurst Road, Hackney, London, E.8.  
Hon. Secretary: Mr. B. F. Mullen,  
8 Dorville Cerscent, Ravenscourt Park, London, W.6 OHJ. Tel. 01-748 3480.



This photograph shows the Secretary's wife, Mrs. B. Mullen, presenting a silver tray to committee members, Mr. John O'Brien and his wife, Mollie, on the occasion of their 25th Wedding Anniversary. Also included are Rev. A. Logan, Sister Findales (O'Brien) and Brian Mullen, Secretary, Cavan Association.

— Photo. by J. F. O'Shea

### News Items.

Congratulations to Robert and Eileen King on the birth of their second son.

Our sympathy to the Fitzsimons family on the death of Mrs. Fitzsimons. The Association was represented at the Mass in the church of Our Lady of Lourdes, Arnos Grove, by Rose Brunton, wife of the chairman.

### Dinner-Dance, 18th October.

Plans are well afoot for the Dinner at the Gresham Ballroom to celebrate the Association's 21st Birthday. As you know the Most Rev. Dr. McKierman, Bishop of Kilmore, will be our chief guest, and all signs that there will be some other representatives from Cavan County present.

A commemorative Brochure to mark our 21 years in operation is in process of being prepared, and among the advertisers will be some well known Co. Cavan firms and hotels.

The Motor Show opens in London on 17th October and a Travel Agency are offering a two-day stay at a London Hotel, the cost including return flight Aer Lingus, bed and continental breakfast is £30.90, and an additional night's stay would cost a further £4.20. This is a great opportunity for friends in Cavan to visit London and attend our Dinner, so why not get in touch with them immediately and if interested ask them to contact: Mr. Bernard Healy, Telephone Dublin 41114, or ring Brian Mullen, the secretary, for brochure giving details.

(continued on page 20)

## NEWS FROM HOME

### CORK

Mr. Denis Corbett and Mr. Tom Sheehan, members of the Kanturk Association, London, were the guests of the Legion of Mary Curia during a recent holiday in Co. Cork.

Two hundred and fifty people gathered at University College, Cork, recently for the annual conference of the International Association of the study of Anglo-Irish literature.

### All-Ireland Hurler's Death

Jimmy Kennedy, the famous All-Ireland hurler, died recently at St. Finbar's Hospital, Cork, after a brief illness. Jimmy was captain of the Cork team that won the All-Ireland Championship in 1919. Our sincere sympathy to his brother and sisters.

### WEXFORD

Ten thousand people attended the opening of the centuries old Pilgrimage at the Marion Shrine at Our Lady's Island, Co. Wexford, on 15th August. The ceremony was performed by Most Rev. Dr. Herlihy.

### KILKENNY GIVES A HELPING HAND TO KERRY

Bernadette Langan and Tommy Wallace of Kilmacow, Co. Kilkenny, organised special transport to Kerry from Fiddown on 26th August last. Pick-up points were Mooncoin, Granagh, Kilmacow, Narabane, Clogga Cloncummy, and the Sweep. The occasion was the Fleadh Ceoil at Listowel. By all accounts they had their own Fleadh on the way there and back.

### Golf Championship at Kilkenny

Carrolls Irish Matchplay Championship will be played at the Kilkenny Golf Club on 12th, 13th and 14th October. The winner will be invited to play in the Carrolls International Golf Tournament.

### E.E.C. APPOINTMENT

Mr. Joe Fahy, political correspondent for R.T.E. has been appointed Information Officer in the European Parliament at a salary of £9,000.

### IRISH INVENTORS

Irish Inventors have been invited to take part in The World Fair for Inventions in Brussels from 1st to 9th December.

Thirty countries have accepted the invitation so far.

There are usually 1,000 exhibits and 200,000 buyers wait to snap up the new inventions.

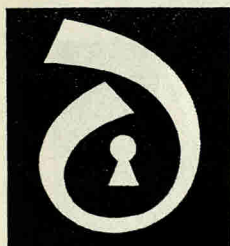
### B. & I. APPOINTMENTS AT LIVERPOOL

Mr. Allen Dearing has been appointed Transport Manager.

Mr. Ted Foster, Customs Services Manager. Mr. Phil Holme, Outward Progress Supervisor. Mr. Ronald Hampton, Inward Progress Supervisor. All four have worked for B. & I. for a considerable number of years.

Continued on Page 27





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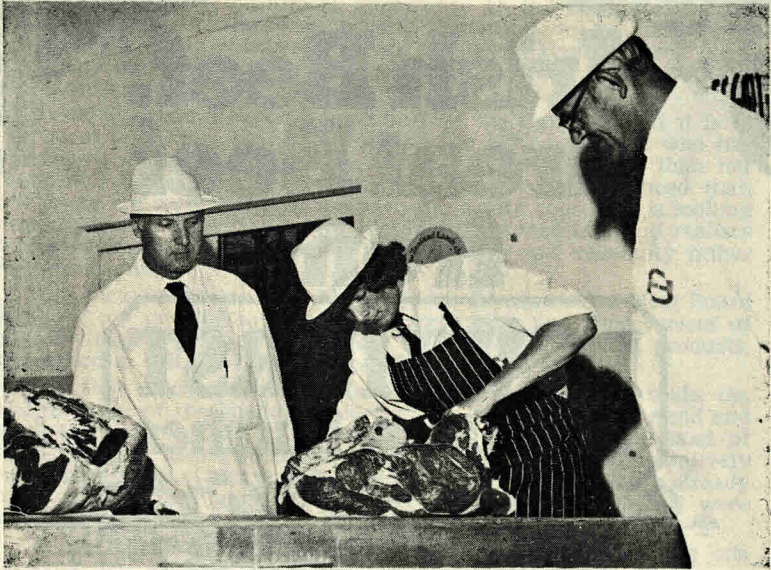
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**FINE FARE**  
**CONGRATULATE**  
**R. STEPHENSON**  
**FINE FARE SUPERMARKET**  
**RICHMOND, YORKSHIRE**

Butcher  
of the Year.

## "BUTCHER OF THE YEAR"



The photograph shows the Butcher of the Year, Mr. R. Stephenson, cutting a side of Irish Beef during the first day's event of the Final of "The Butcher of the Year" Competition which was held at Smithfield College recently. Also included in the photograph: left, Mr. Fred Mallion and (right) Mr. Tony Craddock, judges.

### Journalists choose "Butcher of the Year."

Journalists and cookery writers from national newspapers and women's magazines helped choose the top butcher of 1973 at the finals of the Fine Fare "Butcher of the Year" competition at the London Tara Hotel recently.

### Irish beef sponsors

Tony Craddock, meat director for the Fine Fare supermarket group, first voiced his idea for promoting good craftsmanship and improving meat displays for customers by running a competition among the 500 butchers in Fine Fare stores throughout Britain, when he was a guest at a dinner given by the Irish Livestock and Meat Board. The Irish were so enthusiastic about the contest that they decided to sponsor it.

### District winners

Eliminating rounds took two months to complete and prizes were awarded to district winners. The four finalists, each man representing his own division of the country, had achieved a top rating in craftsmanship, meat display, sales and profit performance.

### £350 first prize

The title of "Butcher of the Year" carries a prize of £350 and each of the other three finalists take home a cheque for £100.

The Finals were a two-day event — the first day at Smithfield College on Monday, where the technical skill in meat cutting of the four butchers was judged by Fred Mallion, head of food commodities department at the College, and Tony Craddock of Fine Fare. The last round was held at the London Tara Hotel, where each man had to





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## IRISH BEEF AND THE BRITISH HOUSEWIFE

Irish beef is of the utmost importance to the British housewife and the British housewife is equally important to the Irish beef producer. The trade between the two countries extends over a thousand years and the Irish make no secret of the fact that the U.K. is their most important customer.

Certainly Ireland exports some beef to the Continent but it is of a different type from that demanded by the U.K. housewife who has traditionally been accustomed to a higher quality product than her Continental counterpart. The British butcher seems convinced that, now prices are higher than in the past, the astute housewife is looking increasingly for good quality for her higher expenditure and realises that, particularly in meat, value lies in quality and reliability rather than in cheapness.

This view is acknowledged by the Irish Livestock and Meat Board which, set up in 1969 to promote the expansion and improvement of the Irish export trade in livestock, beef, lamb and meat products, approached in U.K. in 1971 with two main objectives.

The first of these was to establish, in the eyes of the trade, the modern image of the quality product which has evolved in Ireland and completely eclipsed the "bad old days" image that might exist of fluctuating and inconsistent quality. This task proved comparatively simple since most of the progressive sections of the trade were already aware of the vast improvement made over recent years and were consequently handling vast quantities of Irish beef.

In the London area, for example, under normal conditions, one thousand tons of Irish beef are eaten every week and in fact one in every five steaks consumed is Irish. This year, Irish beef producers have been building up their herds and the beef from these could be of inestimable value next year when supplies from other countries to Great Britain are expected to be below normal. It is also anticipated that there will be good supplies of high quality Irish beef available in the butchers' shops in the autumn and the Board is concerned that housewives should ask for it, in its own right, as Irish.

This is, in fact, the Board's second objective which is to encourage the retail trade clearly to identify Irish beef and the housewife to ask for it by that name. Having regard to the vast quantities consumed every year it is bizarre to consider that, until comparatively recently, although of comparable quality with English and Scotch, Irish beef has never been identified by the retailer in its own right and by its own name.

In pursuance of these objectives, the Irish Livestock and Meat Board has organised a number of promotions in different parts of the country both with large retail organisations and with independent butchers, to popularise the marking of Irish beef with a "Green Grass" symbol and "Irish" tickets and these are now increasingly seen in retail outlets. They are supported by attractive point of sale material which is provided free to the trade and the promotions have been backed up by T.V., Press and magazine advertising.

The success of these promotions was so pronounced that a number of large companies and many independent traders who were apathetic before the start of the first promotion in 1971 subsequently participated enthusiastically.

The campaign slogan is "Great grass makes great beef. Irish beef" and stresses the ideal natural conditions under which Irish beef is bred

Continued on Page 28

## THE MARRIAGE OF Mr. P. A. FAHEY AND Miss J. A. SMITH



THE BRIDE AND GROOM

Photo by Paddy Fahey (Tel. 01 - 254 7444).

On 4th August at St. Dominic's Priory, Southampton Road, N.W.5, the Rev. Father George conducted the marriage ceremony of Mr. Patrick Andrew Fahey, the son of Mr. Paddy J. Fahey, and Mrs. Peggy Fahey of 40 Dalston Lane, E.8., and Miss Janice Anne Smith, the daughter of Mr. George David and Mrs. Patricia Smith, of 28 Athlone House, Athlone Street, Kentish Town.

The bride wore a white crepe gown trimmed with lace and carried a bouquet of pink roses and white stephanotis. She was accompanied by four bridesmaids they being the Misses Valerie Fahey (bridegroom's sister), Linda Finn, Patricia Finn and Mandy Hanks, all cousins of the bride.

The bride was given away by her father, Mr. George David Smith, and the best man at the ceremony was Martin Flaherty, first cousin of the groom.

Following the church service a reception was held at the Winscombe Hall, Kentish Town, and attended by 200 guests.

Later the couple left for their honeymoon which is being spent in Italy and for her going away outfit the bride wore a pink and blue trouser suit.

Guests who travelled from Waterford included Andrew and Elizabeth Fahey, uncle and aunt of the groom, who were joined by another uncle, John Fahey and his wife from Melbourne, Australia.

---

### CAVAN ASSOCIATION (Continued from Page 13)

Tickets are selling very well for the Dinner, so if you have not already purchased yours, fill in application below and send it without delay to the secretary.

#### CAVAN ASSOCIATION DINNER-DANCE 18th October, Gresham Ballroom.

Please send me ..... tickets at £3.00 each.

I enclose Cheque/Postal Order for £.....

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Address .....

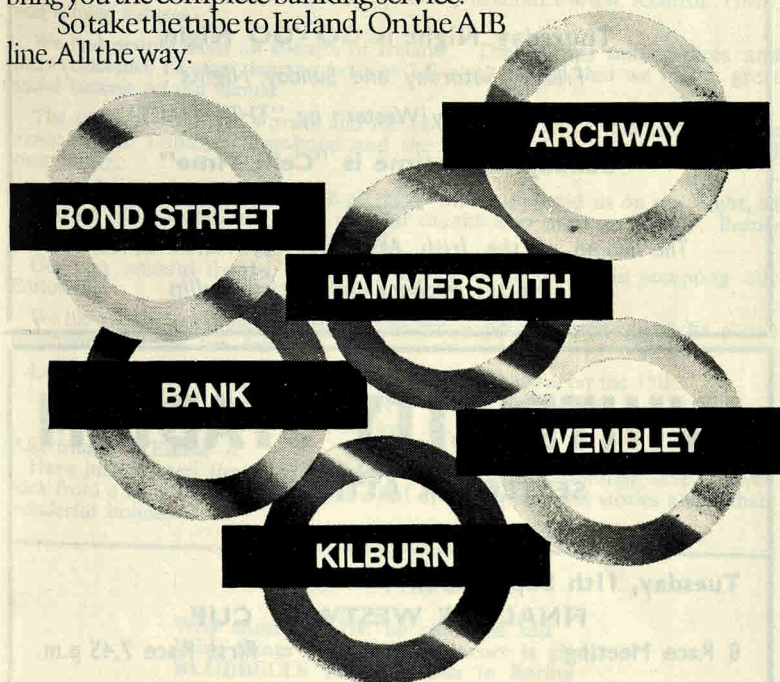


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## **WHITE CITY STADIUM**

### **SEPTEMBER ATTRACTIONS**

---

**Tuesday, 11th September —**

#### **FINAL OF WESTWAY CUP**

**8 Race Meeting**

**First Race 7.45 p.m.**

---

**Meetings every Tuesday, Thursday and Saturday**

**1st Race 7.45 p.m.**

---

**6th October —**

#### **WHITE CITY CHAMPIONSHIP**

**12 Race Meeting**

**First Race 7.0 p.m.**



## THE IRISH ASSOCIATION OF NORTH LONDON

141 St. Albans Road, High Barnet, Herts.

The Irish Association of North London continues to flourish. To date we have two hundred members.

Our next social events are a social evening on the 4th September, General Meeting first — which commences at 8.30 p.m. This get-together takes place at The Warwick, East Barnet Road, New Barnet. Music for this event supplied by Breege Kelly (Ceili).

We are holding our Inaugural Dinner and Dance on the 15th September at the Regal Rooms, Edmonton. There are a limited number of tickets available. Details from Liam Ormsby at 368 - 2733, or from Mary O'Callaghan at 440 - 8335.

Our last social function at the very beautifully laid out Forum, Kentish Town, was a huge success.

We had people from all corners of Ireland. Their happy smiling faces and their reluctance to stop dancing even at 2.0 p.m. proved that we had a great social success on our hands.

The atmosphere of the Forum and the lay-out (just like a film set!) plus the music of the Triumph Showband and the Rafferty Trio, of course, helped enormously.

We would like to publicly thank all those who supported us on the night, as indeed on other occasions. Our grateful thanks also must go to Mr. Bernie Daly and staff for being so very helpful.

Our very grateful thanks to Mrs. J. Smyth of the *I.C.J.* for accepting our Editorials.

We have many other social events in the can — why not ring any of the above telephone numbers for details?

Looking forward to seeing you all at the Regal Rooms on the 15th.

(Mrs.) MARY O'CALLAGHAN,  
*Assistant Secretary*

P.S. from the Editor —

Have just learned that Mr. and Mrs. O'Callaghan's children have arrived back from a long holiday in Co. Clare full of excitement and stories about their wonderful holiday.

---

### BLUE — FOR JOY

Why should BLUE be coloured sad  
With things of BLUE the heart is glad.  
BLUEBELLS in the woods in Spring  
Forget-Me-Nots — Delphinium.  
BLUE the wings of Dragonflies  
The colour of a new-born baby's eyes.  
A thrush's egg — the glint of snow  
A distant hill in the evening's glow.  
Hue of skies on a Summer's day  
The waters of a sun-kissed bay.  
BLUE, the sweet Madonna's gown  
Within its folds a King laid down.

Why should BLUE be coloured sad  
With all things BLUE the heart is glad.

— MAI O'HIGGINS

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## CLARE ASSOCIATION IN LONDON

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*Chairman:*

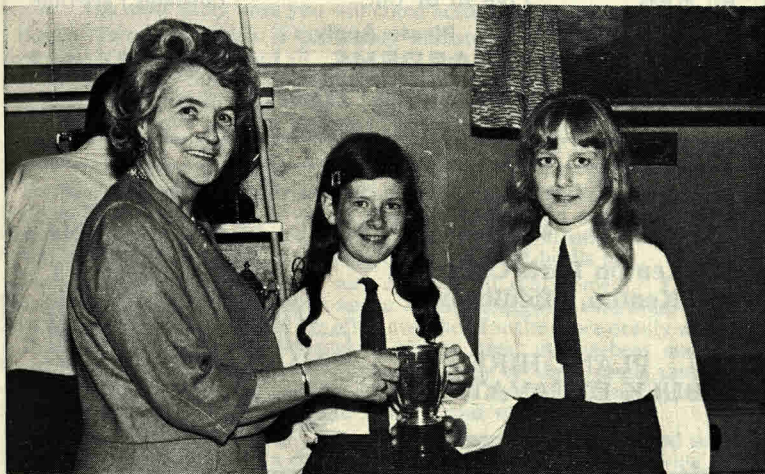
Mr. S. Igoe  
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*Treasurer:*

Mr. J. Long  
18 Grafton Crescent  
London, N.W.1  
Tel. 01-485 9553

*Secretary:*

Mrs. M. Moroney  
100 Sandymount Ave.  
Stanmore, Middx.  
Tel. 01-954 3400



Photograph shows Mrs. Moroney presenting the Clare Association Cup to the winners at the recent Fleadh Ceil held at the Irish Centre, London, under the auspices of the North London Branch of the Comhaltas Ceoltóirí Eireann.

We are now returning to normal after the Summer holidays and we look forward to the Association's forthcoming events. The first on the list is our Bacon and Cabbage Dinner at The Irish Centre on the 15th September. The tickets are out for this and we expect a very full house. The Bunratty flight is now full and we cannot take any more bookings. This will take place on the weekend of 13th October, and as usual we hope to have a very enjoyable time.

Those of you who have been there before will remember that we partake of the same food and drink, and served in the same manner, as our forefathers did in the 16th century. We are all looking forward to being Lords and Ladies for the evening.

The annual dance at John Barkers, Kensington, on 17th November, will be followed by the North Clare Parishes Reunion at The Irish Centre on Monday, 19th November. There will be further details of these events in the next issue of this *Journal*. Regarding the Annual Dinner, should you wish to join us, will you please order your tickets early as we feel sure that we will not be able to cater for all applicants.

I hope that all our members had a nice holiday and that the weather was suitable. I managed to have just one week in Clare and I met many of our members there. The weather just right, but I believe that I happened to be there at the right time (No use getting old if you don't get clever). We tender our sincere sympathy to Rev. Fr. Neylon on the death of his father. Father Neylon returned to Clare early in August to take up his duties at Doonbeg parish: he arrived home to find his father had died whilst he was on the journey home.

(Mrs.) N. T. MORONEY



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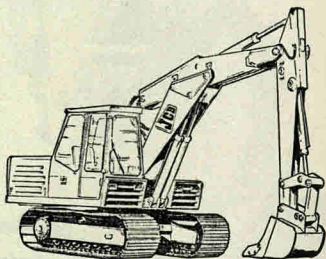
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## THE SEPTEMBER STING IN THE AIR

September often has many warm golden days, ideal for picnics or tea on the lawn, but watch out for the bees and wasps, it is their most active time. Not all of these insects are harmful, however.

Many are docile creatures. Others are seeking sweet things from which they drink a nectar. So, if you provide ripe fruit cakes and jams, you are inviting them to join you for tea.

Many books have been written describing the different wild bee or wasp species. The most likely ones you will come across are as follows :

**Bombus Terrestris**, which is commonly known as the Buff-Tailed Bumble Bee. This is the largest Bee of all. It is very furry and has a whitish or gingerly Buff Tail that is very noticeable. They make an annual combnest below ground with a long entrance tunnel in which only the fat females survive the Winter. These big females are the first to appear each Spring. Single fertilised Queens run each nest and when they first emerge they make their bearings visually so they can find their way back.

**The Bombus Lapidarius**. Recognised as the Large Red-Tailed Bumble Bee nearly as big as the *Bombus Terrestris*, is the most common of all. It is a furry black bee with a bright brick red tail that buzzes less stridently than the larger species and likes to nest in a mousehole or in a disused bird's nest.

**Nomada**, or homeless Bees, are very common at the moment. They look like shortened wasps. They gather nectar from the ragwort and other flowers. They have very feeble stings and are often mistaken for the more deadly wasps.

There are also leaf-cutter bees, wood-shaver bees, mining-bees and lawn-bees (all aptly named), the latter resting on lawns or short grass, under tiny conical piles of soil. All bees do a lot of good by transferring pollen from flower to flower, thus fertilising fruit, flowers, and vegetables.

**Vespa Vulgaris or Germanica**. The common wasp hated by all and sundry. Every Winter most wasps in a colony die off (colony, *i.e.*, 2,000) leaving a few impregnated queens. These are the very large wasps found behind the curtain or in some other cranny.

Each one killed then or in early Spring in a garden bush means one wasp's nest less that Summer. Just a touch with a camel hair brush dipped in petrol is the easiest method of getting rid of a den of demons.

If you do get stung remove the insect swiftly by flicking it sideways. Most bees will leave their barbed sting behind (which kills them). Wasps never do this. Stings can also be removed with deft flicking or tweezers.

Never suck a sting wound. Both bee and wasp stings have acid (but germ-free) poison, so apply an alkaline such as washing soda, sal volatile weak ammonia, a cut onion, or potato to reduce the pain and swelling.

Do not press or rub the wound but, once cleaned and treated, cover it with a dressing.

Stings from both insects should clear up completely within twenty-four hours. If they do not, or if the sting is inside the mouth, see a Doctor as soon as possible.

Never underestimate the potency and danger of wasp stings.

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## NEWS FROM HOME (Continued from Page 14)

### CAVAN

Mr. Pat Brady, of Gousehill, Loughduff, Co. Cavan, won the Hereford Championship and the Supreme Championship with his 3-year-old Hereford cow at the Arva Agricultural Show.

The former President of the Irish Hereford Breeders' Association, Mr. John Smith, of Oldcastle, Co. Meath, said she was one of the best specimens of the breed he had seen.

The Show attracted a record entry and one of the best shows of horses ever to be seen at the Cavan Show. The horse championship went to a 3-year-old Gelding owned by Mrs. M. Downes, of Broadstone, Mullingar. Other winners were: Shorthorn championship: Mr. James Kiernan, Rossduff, Moyne; Friesian championship: G. Drury and Son, Dromatrin, Coolehill, Co. Cavan.



### **"BUTCHER OF THE YEAR" (continued from page 17)**

produce a full display of Irish beef—enough to fill a refrigerated cabinet with every cut and joint for roasting, braising, frying and grilling to meet the demands of any meat buying customer.

#### **Final ballot**

Journalists, food and cookery writers were invited to a presentation luncheon and were asked to vote for the best all round display of meat from the shoppers' point of view.

The four finalists—Richard Stephenson of Richmond, Yorks, Robert Jackson of Liverpool, George Skinner of Exmouth and Bill Cooper from Leatherhead in Surrey, all put on a fine show of skill in preparing and displaying a side of Irish beef, right down to the last steak.

#### **Housewives' benefit**

In congratulating the finalists on their performance, Tony Craddock, Fine Fare's meat director said, "the title of 'Butcher of the Year' has been earned by skill and craftsmanship throughout a quite arduous series of tests, but the real success of the whole event has been the enthusiasm for improving standards which has been stimulated among butchers in stores from Cornwall to Inverness. This will be a positive benefit for the housewife wherever she shops for her meat in a Fine Fare store."

#### **The Winner**

A cheque for £350 plus a certificate was presented to Mr. R. Stevenson, of Richmond, Yorkshire, by Mr. Cassidy, chairman of Irish Livestock and Meat Board.

Mr. Cassidy also presented cheques for £100 each to Mr. Robert Jackson, of Liverpool; Mr. George Skinner, of Exmouth; and Mr. Bill Cooper of Leatherhead, Surrey.

Also present were Mr. Peter Needham, General Manager, Irish Livestock and Meat Board. Mr. Oliver Murphy, U.K. Manager, Irish Livestock and Meat Board, and Miss Oonagh Boland, Merchandising Controller, who is responsible for all the Boards Merchandising promotions for Irish Beef. Mr. F. Mallion, Head of Food Commodities Department, College for the Distributive trade. Mr. Mallion is President of the Institute of Meat and Gold Medalists of the Worshipful Company of Butchers.

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### **IRISH BEEF AND THE BRITISH HOUSEWIFE (continued from page 19)**

and reared. The standard of animal health in Ireland is extremely high and the standard of hygiene and meat inspection in the meat plants meets the most stringent requirements. Coupled with the ease of transport and the comparatively short distance it has to travel, Irish meat arrives in the U.K. in perfect condition.

During the next few months, in addition to promotions with individual companies, the Board will be running a series of regional competitions with valuable prizes to be won by housewives answering a series of questions about meat. These competitions will be run mainly in conjunction with independent butchers who will be encouraged by the award of prizes for the best identification of Irish beef. The competition will be linked to a pamphlet which has already been produced by the Board to help the housewife select and cook various cuts of beef and entry forms will be available in all shops stocking Irish beef.

Involvement with the consumer is a high priority for the Irish Livestock and Meat Board and a "Cook of the Year" contest last year

(continued on page 32)

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## **WATERFORD ASSOCIATION (Continued from Page 10)**

and that the example comes from our two Bishops and the City Fathers. I would like it to be known that all the ex-Mayors and Councillors actually buy their own tickets for our functions. Many of them even travel to London for our Annual Dinner at their own expense, as our Mayors, His Lordship Bishop Russell, has over the years as they do to our sister association in Birmingham.

We are very grateful to all of them.

### **The After Dinner Speeches**

Our chairman, Mr. French, after welcoming the guests said he was pleased to see the industrial progress in the city and county. He said it was gratifying to know that future generations would leave Waterford through choice not necessity.

On behalf of the guests, Very Rev. J. Ward Armstrong, Bishop of Cashel Emily, Waterford and Lismore, in thanking the Association said his first duty on arriving in Waterford six years ago was to attend the Annual Dinner of the Waterford Association, Dublin. Since then he has met the Waterford Associations of London, Dublin, Birmingham and New York. He paid tribute to all the committees and, in particular, to the Waterford Association, London, for organising the function each year in Waterford.

In proposing the toast to the Association, the Mayor, Alderman Tom Brennan, said he was glad to report that Waterford had continued to expand industrially. He echoed the chairman's sentiments that emigration in the future from Waterford would be by choice and not necessity.

Patron of our Association, Very Rev. Dr. Michael Russell praised our Association for its charity work in London and in Waterford he was very honoured that we entrusted to him amounts of money for the Senior Citizens of Waterford and Dungarvan and the sending of Invalids to Lourdes.

Dr. Russell praised the very fine efforts of Mrs. Wally Smyth, proprietor of Thomond Publishing Company for producing the *Irish Counties Journal* free of charge for all the County Associations. Copies of which were distributed at the Dinner.

### **Our London Annual Dinner**

A special flight is laid on for Waterfordians coming to London for our Annual Dinner which takes place at Hammersmith Town Hall on the 27th October.

The flight leaves Dublin on 25th October at 2.0 p.m. and returns on Monday, 29th October, at 2.0 p.m. The all-in charge for bed and breakfast and coaches to and from the Airport is £32.

If you care to acquaint your friends and relations in Ireland with this information the person to contact is Mr. Jones at Waterford 5459.

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## **LONDON WEXFORDMEN'S ASSOCIATION (Continued from Page 9)**

well loved as a county councillor and guardian of the Poor Law. The last surviving member of the O'Neill family Mrs. Jane Downes formerly Jane O'Neill is at present a patient of the Ardkeen Hospital, Waterford. We send her our best wishes for a speedy recovery.

Of course no Wexford gathering would be complete without the effervescent Mr. Martin Whitty. Martin is the well known chairman of the St. Joseph's Festival Committee. The committee has raised thousands of pounds to help send Pilgrims to Lourdes.

### **COMING EVENTS**

Watch out for next month's issue of the Journal.

For further information of the Wexford Association re membership, etc., please ring Mr. Pat McCabe at 205 5930 or Mr. D. O'Leary at 289 3144.

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## RETURN OF THE FISHING FLEET

The mighty roar of the crashing waves  
Relentlessly break upon the strand,  
Seagulls converge upon the quay  
While the fishing smacks prepare to land.  
Men with faces like hardened oak  
Who from birth, to the sea  
Are wed,  
Return now in the dawn's red glow  
With their hard won catch  
— Their daily bread.

There leaning on the harbour wall  
An old man gazes wistfully,  
His memory swamped with yesterdays,  
Of battles fought and won  
against the sea.  
No headstone mark the watery graves  
That fate decrees for fishermen,  
Their epitaphs are chiselled out  
In the staunch hearts of Kith-n-kin.

And so at eve —  
When their boats steal out  
From Achill Sound, or old Kinsale,  
I pray the hand of God  
Keep the waters calm  
May the rising sun  
Find erect each sail.

— MICHAEL HANNON

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### IRISH BEEF AND THE BRITISH HOUSEWIFE (continued from page 28)

in the Slough area resulted in a "Cook Out" between six finalists before an audience of one thousand people. The Board has appointed an experienced home economist to its staff and she has been concerned with a number of in-store demonstrations, demonstrating recipes of her own for Irish beef. It is planned to extend this particular sphere of advice to the housewife by expanding the existing home economics department so that it will become available to assist the individual with recipes and advice and, at a later date, to provide lectures and demonstrations for housewives' organisations.

Meanwhile, the beef message is loud and clear. To the butcher, if it is Irish, call it Irish! To the housewife, if you want quality, ask for Irish!

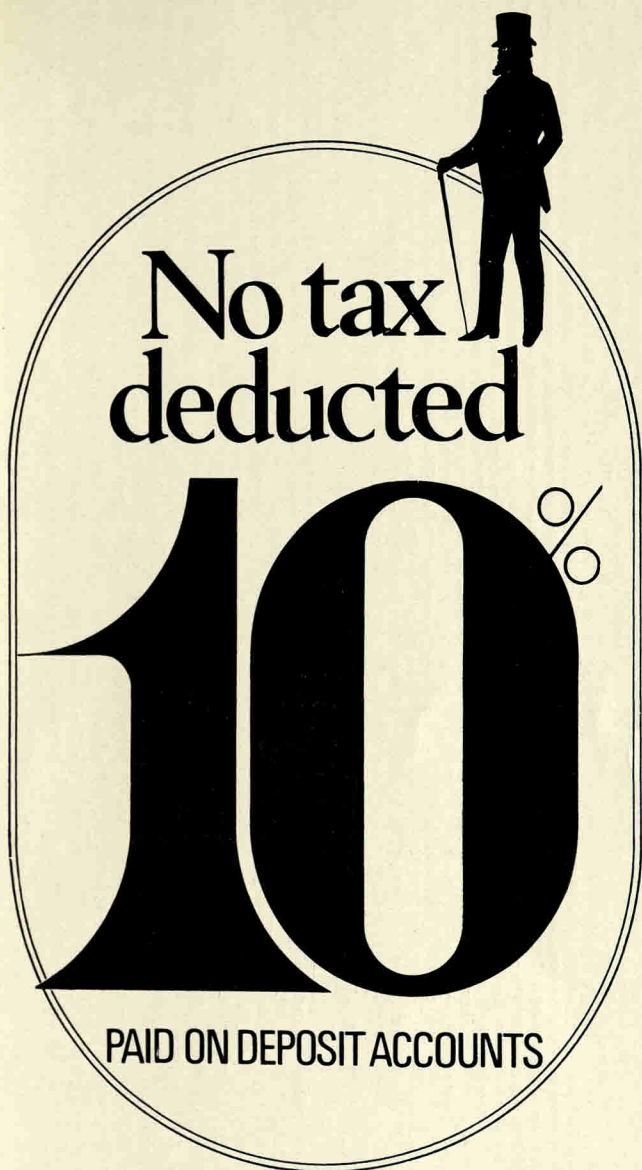
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### NEWS FROM HOME (continued from page 27)

#### EXECUTIVES IN DEMAND IN IRELAND

There has been a rapid increase in the demand for executives in recent years. In the first six months of this year, 2,276 management jobs were advertised as against 997 in 1968 in the twenty-six Counties.

In Northern Ireland there has been a similar increase from 415 in 1968 to 819 during the first six months of this year.



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