High-Performance THz Nanometamaterial Absorber With Negative Permittivity (0.1–10 THz) for Early Cancer Detection via Circulating Exosomes

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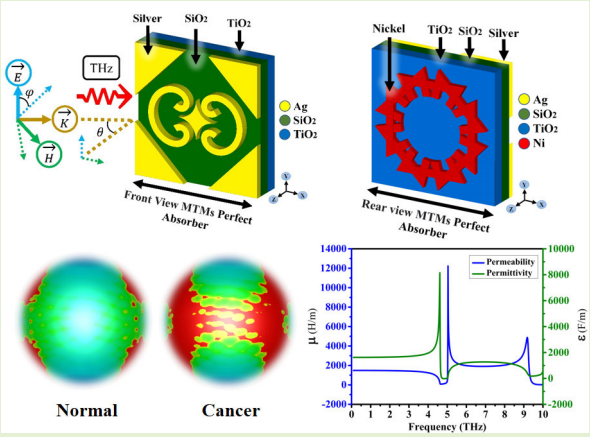
***Abstract*—Cancer remains one of the leading causes of mortality worldwide, with nearly 10 million cancer-related deaths and approximately 30 million new cases projected by 2030. While significant advances have been made in therapeutic strategies, such as targeted treatments, immunotherapy, and gene therapy, early diagnosis remains crucial for improving patient outcomes. However, conventional diagnostic tools like magnetic resonance imaging (MRI), computed tomography (CT), and histopathology often suffer from limited sensitivity and specificity. Emerging technologies, including liquid biopsy, nanophotonics, and terahertz (THz) sensing, offer promising alternatives by enabling faster, more accurate detection. In particular, extracellular vesicles (EVs)—specifically exosomes, which are nanometer-sized vesicles involved in cancer progression—have gained attention as biomarkers for early stage cancer detection. Traditional methods for detecting exosomes typically rely on labeling with antibodies or dyes, which can be costly, time-consuming, and prone to false positives. This study presents a novel THz nanometamaterial absorber designed for early cancer detection through circulating exosomes. The absorber features ultrawideband operation from 0.1 to 10 THz and achieves absorption rates exceeding 92%, demonstrating exceptional sensitivity and precision. With a compact footprint of 100 × 100 nm^2 and a thickness of just 30 nm, the design incorporates silver (Ag) resonators, dual dielectric substrates (silicon dioxide [SiO_2] and titanium dioxide [TiO_2]), and a nickel (Ni) backplane. This configuration enables optimized plasmonic and dielectric interactions for effective electromagnetic wave absorption. Key performance features include polarization insensitivity, reduced noise, and the ability to achieve negative permittivity at 4.85 THz—enhancing the sensor's responsiveness to subtle refractive index changes in nanoscale biological samples such as cancerous exosomes. Comprehensive numerical analyses, including field distributions, surface currents, and scattering parameters, validate the sensor's performance. Benchmark comparisons highlight the proposed sensor's superior absorption efficiency, sensitivity, and nanoscale precision, setting a new standard for noninvasive, early stage cancer diagnostics.**



***Index Terms*—Biosensors, cancer diagnostics, circulating exosomes, nanosensor, perfect absorber metamaterials (MTMs), terahertz (THz) imaging.**

I. Introduction

CANCER remains a significant global health challenge with an estimation of 17 million cancer-related deaths and 26 million new diagnoses by 2030 [1], [2]. The fight against cancer has become multifaceted, involving early detection, effective treatments, and the exploration of cutting-edge therapies. A central part of these efforts is the development of advanced diagnostic technologies, which enable earlier and more accurate detection of cancer, as well as the development of more personalized and effective treatment options [3]. Several evolving technologies and strategies, such as liquid biopsy involving circulating tumor deoxyribonucleic acid (CTDNA), circulating tumor cells (CTCs), and circulating cancer exosomes, optical sensing, multiomics approaches,

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as well as microfluidics-based platforms, are driving progress in this area. Exosomes are small vesicles typically 30–150 nm in diameter secreted by cells, including tumor cells, that contain proteins, lipids, and nucleic acids. These exosomes can carry molecular signatures of tumors, and their analysis offers potential for early cancer detection and monitoring of disease progression [4].

Unlike traditional biopsies, which require tissue samples from the tumor, the liquid biopsy with exosomes offers a noninvasive alternative. A blood or urine sample is enough to collect these exosomes, avoiding the need for surgery or invasive procedures. Exosomes are shed into the bloodstream or other body fluids at early stages of cancer development, even before tumors are detectable via traditional imaging techniques like computed tomography (CT) scans or magnetic resonance imagings (MRIs). The quantity and molecular content of circulating exosomes can change in response to the presence of cancer, enabling detection at much earlier stages when treatments are often more effective [5], [6]. Exosome detection typically involves labeling methods utilizing antibodies or dyes, or other markers that target specific surface proteins on these tiny vesicles. Methods like these are pretty effective, but they present several challenges, including high costs, time consumption, and potential for false positives due to nonspecific binding [7]. To overcome these limitations, new innovative technologies have emerged that offer higher sensitivity, specificity, and cost-efficiency. Techniques like plasmonic and nanosized metamaterial-based sensors allow for direct detection of exosomes without the need for antibodies or dyes. These sensors rely on detecting physical properties such as refractive index changes or scattering signals caused by the presence of exosomes. The signal amplification property of nanometamaterials facilitates the efficient binding, resulting in enhanced sensitivity and specificity of exosome detection [8].

Metamaterials (MTMs) are artificially engineered materials that exhibit extraordinary electromagnetic properties, enabling capabilities far beyond those of natural materials. These properties, such as negative permittivity (ε), negative permeability (μ), and even negative refractive index (NRI), arise from their uniquely structured subwavelength elements rather than their chemical composition [9], [10]. Epsilon-negative (ENG) materials, a subset of MTMs, are characterized by their unique property of having a negative dielectric permittivity ($\varepsilon < 0$) at certain frequencies. ENG materials achieve negative permittivity through tailored structures (e.g., split-ring resonators and thin-wire arrays) rather than natural material properties. This property allows them to support unique electromagnetic phenomena such as evanescent wave amplification, which enhances their sensitivity in detecting biomolecular interactions [11]. Thus, the versatility of MTMs has resulted in a diverse spectrum of engineering applications, spanning across industries, from telecommunications and biosensing to defense and energy [12], [13], [14], [15], [16], [17], [18], [19], [20], [21], [22], [23], [24], [25], [26], [27], [28], [29], [30], [31], [32], [33], [34], [35], [36], [37], [38], [39], [40], [41], [42], [43], [44]. ENG biosensors usually rely on resonance-based methods for detection purposes. ENG material surfaces are treated with antibodies or aptamers that latch onto cancer biomarkers like prostate-specific antigen (PSA) for prostate cancer or HER2. Upon introduction of a sample with a biomarker, the biomarker adheres to the functionalized surface, thereby altering the refractive index locally. ENG material significantly amplifies changes in evanescent wave resonance frequency caused by refractive index shift somehow. Detected signal magnitude correlates directly with biomarkers such as proteins, DNA, or CTCs, thereby facilitating precise quantification through analysis [45].

Recent literature has highlighted the promise and challenges of using photonic platforms for liquid biopsy applications. A comprehensive review by Dell'Olio et al. [46] outlines recent advances in photonic biosensors—including plasmonic and interferometric technologies—for detecting circulating biomarkers such as exosomes. In addition, several emerging metasurface designs have demonstrated ultranarrowband sensitivity by exploiting bound states in the continuum (BIC) resonances. For instance, Algorri et al. [47], [48] have proposed polarization-independent nanocuboid metasurfaces supporting quasi-BIC modes and experimentally demonstrated silicon-slot metasurfaces capable of BIC-based sensing in the near-infrared. While such structures offer remarkable detection sensitivity, they are often limited to narrowband operation and may face fabrication or alignment complexity. In contrast, the proposed terahertz (THz) nanometamaterial absorber in this study offers ultrabroadband performance (0.1–10 THz), polarization insensitivity, and nanoscale compactness—making it well-suited for real-world, label-free cancer diagnostics using circulating exosomes.

Many conventional sensors lack the precision to detect low concentrations of biomolecules, which is critical for early diagnosis and monitoring of diseases. Also, traditional sensors often lack flexibility for diverse applications. The advancements in technology and challenges in clinical validation emphasize the need for more compact and effective nanosized metamaterial absorbers enabling nano bio-sensing systems for disease detection and health monitoring [49]. The ability of nanometamaterials to confine electric and magnetic fields enhances their interaction with target analytes, enabling the detection of trace amounts of substances such as DNA, proteins, or pathogens. Moreover, nanometamaterial biosensors provide real-time responses by directly detecting biomolecular interactions without requiring extensive labeling or preparation. In addition, nanometamaterial-based biosensors are adaptable to a wide range of frequencies e.g., optical and THz making them suitable for healthcare, early cancer diagnosis [12], [13], [14], [15], [16], [17], [18], [20], [21], [22], [23], [24], [25], [26], [27], [28], [29], [30], [31], [32], [34], [35], [36], environmental monitoring, food safety, and drug development. However, this sensor miniaturization moved the communication from low frequency ranges to higher frequencies such as THz [50], [51].

The THz waveband possesses all advantageous characteristics in biomedical applications. THz waves are very low energy that do not cause ionization or damage to living tissues and the human body, therefore guaranteeing safety for medical imaging and diagnostics. In addition, many biological macromolecules and polar molecules have THz energy levels of vibration and rotation, so that this resonance enables the specific interaction of THz waves with these molecules, making it a very powerful tool for characterizing biological tissues [35], [52]. As a result, since THz waves have distinct interactions with biological molecules, THz spectroscopy can be leveraged for a diversity of medical diagnostic applications without requiring invasive procedures. THz spectroscopy, particularly in the frequency range of 0.1–10 THz, has attracted considerable attention for its potential applications in biomedical analytics, detection, imaging, trapping, and sensing. Being label-free, noncontact, and nondestructive, its advantages render it very attractive for medical diagnostics [53], [54].

While nanoscaled ENG metamaterial-based biosensors hold great promise for revolutionizing cancer diagnostics through the detection of circulating exosomes, several challenges need to be addressed to make them suitable for widespread clinical use. By focusing on improving sensitivity, specificity, exosome isolation methods, cost-effectiveness, and integration into existing healthcare systems, these biosensors could become a valuable tool for early cancer detection, real-time monitoring, and personalized treatment. Hence, the development of absorbers with simple nanoscale structures and high absorption rates remains a critical area of research due to their wide-ranging practical applications for bio-sensing. This article proposes a nanometamaterial-based THz absorber for the frequency range 0.1–10 THz with negative permittivity for early detection of cancer using circulating exosomes. The proposed absorber exhibits polarization insensitivity, guaranteeing that the sensor maintains consistent performance regardless of the polarization state of the incident THz radiation. At a specific frequency of 4.85 THz, the sensor exhibits negative permittivity ($\varepsilon < 0$), a property that significantly enhances the sensitivity to subtle variations in the refractive index of biological samples, such as circulating exosomes. The high sensitivity and wide frequency range of the proposed sensor ensure that even small quantities of exosomes can be detected, making it an ideal candidate for early cancer detection applications.

II. Structural Design of Metamaterials (MTMs) and Electromagnetic Field Configuration

The proposed metamaterial perfect absorber features an innovative multilayered nanoscale configuration, designed to achieve superior absorption characteristics across the THz spectrum (0.1–10 THz). Its structure ensures polarization insensitivity and achieves absorption efficiencies exceeding 92%, making it highly suitable for biosensing applications, particularly for early cancer detection.

At the top of the structure lies the resonator layer, composed of silver (Ag), chosen for its excellent conductivity and plasmonic behavior at THz frequencies. This layer is 5-nm-thick and plays a key role in facilitating strong interactions with incident electromagnetic waves.

Beneath the resonators is the first dielectric substrate, a 10-nm-thick layer of silicon dioxide (SiO_2), which provides structural support and aids in wave propagation. This is followed by a second 10-nm layer of titanium dioxide (TiO_2), which complements SiO_2 by enhancing electromagnetic resonance across the target frequency range.

The ground plane is constructed using a 5-nm-thick nickel (Ni) layer. Unlike conventional absorbers that typically use a fully covered ground plane, the use of Ni introduces advantageous electromagnetic properties and structural durability. Its presence enhances the absorber's efficiency by effectively interacting with reflected waves and minimizing transmission losses.

This layered configuration allows the metamaterial to exhibit unique electromagnetic properties, including negative permittivity ($\varepsilon < 0$) at 4.85 THz—an essential characteristic for biosensing applications such as exosome detection.

For performance validation, CST Studio was used to carry out precise electromagnetic simulations. Appropriate boundary conditions, including perfectly matched layers (PMLs), were implemented to eliminate undesired reflections and ensure accurate energy confinement. In addition, fine meshing was applied around the resonators to capture detailed field interactions, leading to a highly accurate representation of the absorption mechanisms.

This meticulous design and simulation process underlines the metamaterial absorber's potential as a transformative tool for nanoscale biosensing, offering exceptional performance throughout the THz range.

A. Structural Design of Metamaterials (MTMs)

The shape and geometry of the proposed structure play a critical role in optimizing energy absorption. Minimizing reflection from the surface directly enhances the absorber's efficiency. In designing any biosensor, three primary parameters must be considered: selectivity, specificity, and sensitivity. Leveraging metamaterial properties is essential for enhancing these performance metrics.

By enabling precise control over the interaction between electromagnetic waves and the structure, the metamaterial-based design addresses key challenges in biosensor sensitivity and specificity.

The front view of the proposed structure is illustrated in Fig. 1. The initial resonator layout, shown in Fig. 1(a), features four resonators positioned at each corner. Each resonator has a length D, a width A, and is spaced from adjacent elements by a gap B. The equilateral triangular component has a side length C. The alternative resonator layout, presented in Fig. 1(b), includes two mirror-arranged C-shaped resonators, each with length E and width F. The gap between the terminals of each resonator is G. The final resonator configuration, shown in Fig. 1(c), introduces a central cross-triangle-shaped resonator positioned between two centrally located resonators. All resonators are composed of Ag and are mounted on a SiO_2 substrate. The resonator size is denoted by I, and the overall structure dimensions are $H \times H$.

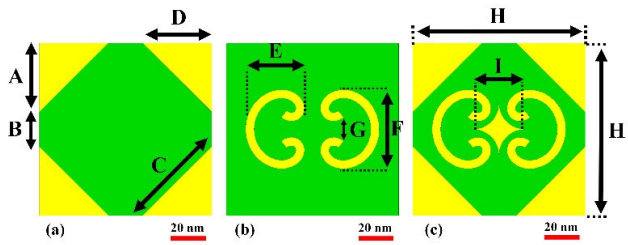


Fig. 1. Diagram showcasing the proposed Nano-MTMPA, emphasizing the frontal view and arrangement of Ag resonators. (a) Initial resonator design. (b) Alternate resonator layout. (c) Finalized resonator configuration.

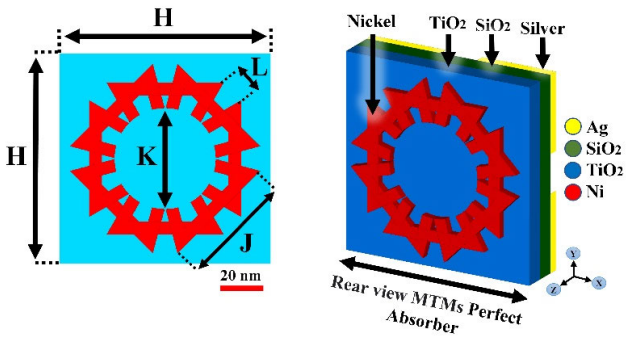


Fig. 2. Diagram illustrating the rear perspective of the nanometamaterial absorber, emphasizing the Ni backplane and overall design concept.

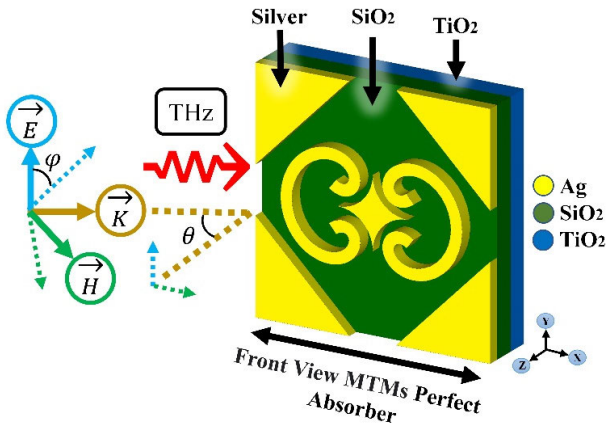


Fig. 3. Depiction of the absorber's structural configuration, demonstrating the alignment of the incident electromagnetic field to achieve optimal absorption.

The rear view of the design is presented in Fig. 2. This layer features resonators made of Ni, mounted on a TiO_2 substrate. The novel circular resonator design incorporates strategic cuts and shaping, which contribute to the metamaterial behavior of the structure. The diameter of each circle is K, with interelement spacing L, and a gap J between resonators spaced at 90°.

All geometric dimensions and parameters are summarized in Table I.

B. Electromagnetic Field Configuration and Absorption Mechanism

The metamaterial absorber operates across the THz spectrum from 0.1 to 10 THz, an ideal frequency range for biosensing due to its ability to noninvasively probe biological tissues. This range is particularly effective for detecting biomarkers such as exosomes, which are crucial for early cancer diagnosis.

TABLE I
COMPREHENSIVE SUMMARY OF OPTIMIZED VARIABLES FOR THE PROPOSED NANO-MTMPA

Parameter	Dimensions (nm)	Parameter	Dimensions (nm)
A	40	I	30
B	20	J	55.43
C	56.57	K	48
D	40	L	11.72
E	33.7	Ag Thick	5
F	45	SiO_2 Thick	10
G	13.75	TiO_2 Thick	10
H	100	Ni Thick	5

The absorber's structure incorporates a multilayered design, with each component contributing to its high-performance functionality. The resonator layer consists of Ag and features a central diamond-shaped element alongside C-shaped and triangular structures. Ag enables strong surface plasmon resonance, enhancing electromagnetic interaction at the nanoscale.

Beneath the resonators are two dielectric substrates: a 10-nm-thick layer of SiO_2, which supports impedance matching, and a 10-nm-thick layer of TiO_2, selected for its durability, high refractive index, and chemical stability—qualities essential for consistent THz sensing. The base layer is a 5-nm-thick Ni ground plane. Unlike traditional continuous ground layers, this design reduces reflection and improves overall absorption.

The interaction of THz waves with the structure aligns the electric field ($\vec{E}$), magnetic field ($\vec{H}$), and wave vector ($\vec{k}$) with the resonators (as illustrated in Fig. 3), generating effective resonance and maximizing absorption. Fine-tuning angular parameters enhances field confinement, improving energy conversion and minimizing reflection and transmission, thereby increasing biosensing sensitivity.

Precise optimization of the structure's geometry and material thicknesses ensures resonance at target frequencies, broad operational bandwidth, and absorption efficiency exceeding 92% across the THz range.

This innovative multilayered design, combining advanced materials and geometric precision, offers a promising platform for early stage cancer detection and other high-sensitivity biomedical diagnostics.

III. OPTIMIZATION AND PERFORMANCE ANALYSIS OF ABSORPTION CHARACTERISTICS

Optimizing absorption performance is essential for improving the functionality of nanometamaterial perfect absorbers (Nano-MTMPAs). This section presents a detailed analysis of structural variations, substrate material selection, and resonator design parameters to evaluate their effects on absorption efficiency. The findings offer valuable insights into how design and material choices influence the absorber's performance and contribute to achieving optimal absorption characteristics.

A. Comparative Evaluation of Structural Designs

Fig. 4 presents a comparative analysis of the absorption responses of two model structures, with their respective

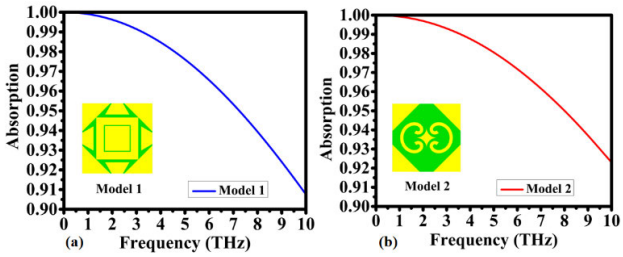


Fig. 4. Comparison of absorption performance for different structural designs. (a) Absorption characteristics of design 1. (b) Absorption characteristics of design 2.

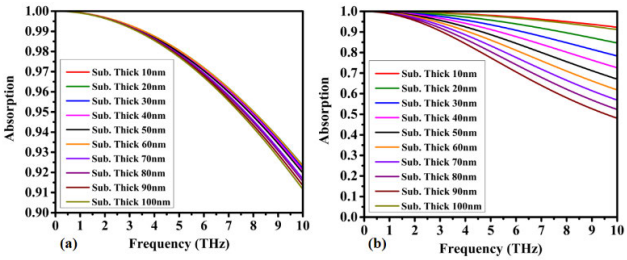


Fig. 5. Spectral analysis of absorption efficiency for varying substrate thicknesses. (a) Effect of SiO_2 substrate thickness. (b) Effect of TiO_2 substrate thickness.

performance illustrated in Fig. 4(a) and (b). Absorption characteristics were evaluated across a wide frequency range from 0 to 10 THz, revealing distinct differences between the two models.

Model 1, shown in Fig. 4(a), demonstrates highly efficient absorption, achieving a peak of 100% between 0 and 1.5 THz. From 1.5 to 6 THz, absorption slightly declines but remains strong at approximately 97%. Beyond 6 THz, the absorption stabilizes with minimal variation, maintaining 91% at 10 THz. These results indicate that model 1 performs well over a broad frequency range, with only a modest reduction at higher frequencies.

Model 2, depicted in Fig. 4(b), exhibits superior performance. It maintains 100% absorption from 0 to 2 THz and 97% from 2 to 6 THz. Even in the higher frequency range (6–10 THz), model 2 shows improved stability, reaching 93% absorption at 10 THz. This demonstrates enhanced efficiency, particularly at lower frequencies.

Overall, the comparison highlights model 2's more consistent and efficient absorption across the entire THz spectrum, making it a stronger candidate for broadband biosensing applications.

B. Impact of Material and Design Parameters on Absorption Efficiency

Fig. 5 presents a spectral analysis of absorption efficiency, focusing on how variations in substrate thickness influence the performance of the nanometamaterial absorber. The analysis is divided into two plots: Fig. 5(a) investigates the effect of SiO_2 substrate thickness (10–100 nm), while Fig. 5(b) examines the same range for TiO_2 substrates.

In Fig. 5(a), variations in SiO_2 thickness lead to noticeable shifts in spectral absorption efficiency. As a low-refractive-index material, SiO_2 primarily affects interference patterns within the structure. Thin layers (10–30 nm) enhance

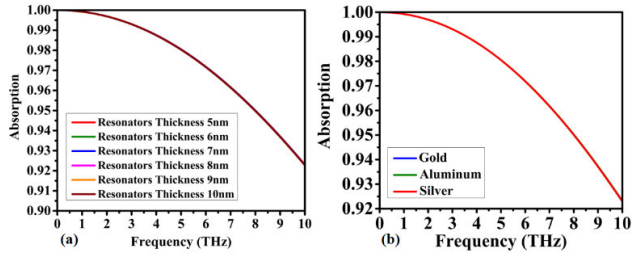


Fig. 6. Influence of design variables on absorption efficiency. (a) Variations in resonator thickness. (b) Spectral response for different resonator materials.

absorption at shorter wavelengths due to constructive interference. In contrast, thicker layers (40–100 nm) shift the peak absorption to longer wavelengths, increasing the optical path length and altering resonance conditions. Notably, at 100 nm, the absorber reaches an efficiency of 91% at the upper frequency limit.

In Fig. 5(b), the impact of TiO_2 thickness on absorption shows a distinct trend. Both very thin (10 nm) and very thick (100 nm) TiO_2 layers yield peak absorption efficiencies of 95%, indicating strong coupling of incident light into resonant modes and efficient light trapping. However, in the intermediate range (20–90 nm), absorption efficiency decreases progressively: 90% at 20 nm, 85% at 30 nm, 80% at 40 nm, 75% at 50 nm, 70% at 60 nm, 65% at 70 nm, 60% at 80 nm, and 55% at 90 nm.

This decline suggests that intermediate thicknesses are suboptimal for effective light confinement and resonance generation. In this range, interference effects and light-trapping mechanisms are less efficient, leading to reduced absorption performance.

Fig. 6(a) shows the effect of resonator material thickness on the absorber's performance. When the thickness of the resonating material ranges between 5 and 10 nm, perfect absorption (100%) is achieved in the 0–2 THz range, indicating effective absorption of electromagnetic waves at lower frequencies. As the frequency increases from 2 to 6 THz, absorption remains high at approximately 97%. However, further increases in thickness lead to a slight decline in efficiency—dropping to 94% at 8 THz and 92% at the upper frequency limit of 10 THz.

Fig. 6(b) presents the absorption characteristics of the proposed model using different resonating materials, including gold (Au), aluminum, and Ag. All three metals exhibit excellent absorption performance across a broad frequency range, achieving 100% absorption from 0 to 2 THz and maintaining around 97% from 2 to 6 THz. From 6 to 8 THz, absorption remains strong at 95%, with a slight decrease to 92.5% at 10 THz.

These high absorption characteristics are attributed to the unique electronic configurations and plasmonic behaviors of the materials. The excellent conductivity and reflectivity of Au, aluminum, and Ag allow them to interact strongly with incident electromagnetic waves. Their performance is primarily driven by surface plasmon resonance, where conduction electrons oscillate in sync with the incoming THz waves, enabling efficient energy absorption.

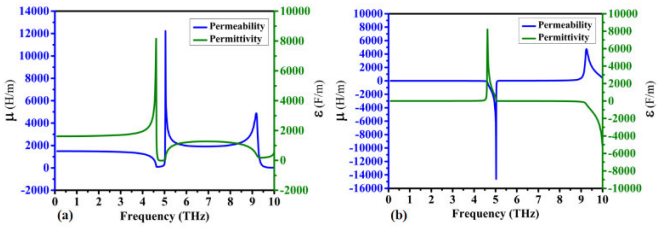


Fig. 7. Electromagnetic properties of the absorber. (a) Real components of permittivity (ε) and permeability (μ). (b) Imaginary components of ε and μ.

IV. Optimization of Metamaterial Structure and Absorption Performance

Understanding the electromagnetic characteristics of the absorber is crucial for optimizing its performance. This section examines the structure's permittivity (ε) and permeability (μ), along with key simulated parameters such as refractive index (n) and impedance. In addition, the electromagnetic response, including reflection, absorption spectra, and S-parameter behavior, is analyzed to assess the absorber's efficiency and functionality under various conditions. These evaluations provide a comprehensive understanding of the absorber's operational principles and performance capabilities.

A. Electromagnetic Characteristics of the Absorber

When a THz wave is incident on the metamaterial (MTM) structure, a significant portion of the wave couples to the surface through light–matter interaction. Because the structure operates in the THz frequency range, its absorption characteristics are a key indicator of overall system performance. As such, analyzing the structure's optical properties is essential.

To investigate how frequency variations affect these properties, the frequency was swept from 0 to 10 THz in 1 THz increments, while other parameters were held constant. Both the real and imaginary components of permittivity (ε) and permeability (μ) were examined, as illustrated in Fig. 7. A noteworthy finding is the presence of negative values in the imaginary part of permittivity, which suggests metallic behavior at certain frequencies.

Fig. 7 presents the electromagnetic characteristics of the absorber. In Fig. 7(a), negative permittivity ($\varepsilon < 0$) is observed at 4.85 THz—a key frequency associated with enhanced sensor sensitivity. This negative permittivity facilitates the excitation of surface plasmon polaritons, intensifying the interaction between incident THz waves and biological samples such as circulating exosomes. The resulting field confinement near the sensor surface significantly improves detection capabilities, particularly for low-concentration biomarkers related to early stage cancer—targets that are often undetectable using conventional diagnostic methods.

The imaginary component of permittivity, shown in Fig. 7(b), reflects energy dissipation within the material, which contributes to efficient wave absorption. Together, these electromagnetic properties enable the sensor to achieve high precision and sensitivity, making it well-suited for early cancer detection and other high-performance biosensing applications.

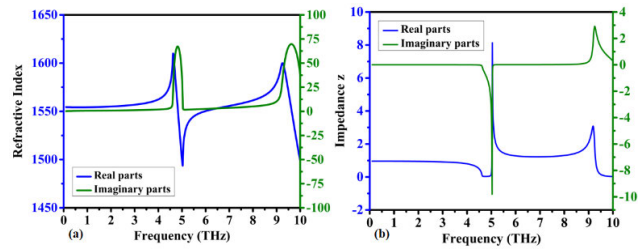


Fig. 8. Numerical simulation of critical parameters. (a) Refractive index components (real and imaginary). (b) Impedance (Z) behavior.

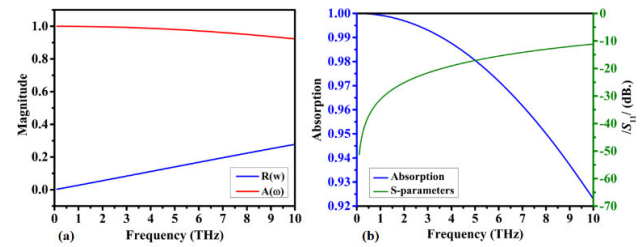


Fig. 9. Simulated electromagnetic response. (a) Reflection and absorption spectra. (b) S-parameter performance ($|S_{11}|$ in dB).

To gain deeper insight into the absorber's behavior, we analyzed how its optical parameters influence absorption characteristics. Specifically, we examined the effects of frequency on the real and imaginary parts of both the refractive index and impedance. The frequency was varied from 1.0 to 10 THz in 1 THz increments for this analysis.

Fig. 8(a) and (b) illustrates the relationship between frequency and the real and imaginary components of refractive index and impedance. The results show strong consistency with the previously discussed electromagnetic properties presented in Fig. 7, confirming the accuracy and reliability of the simulation data.

These findings indicate that the resonance frequency of the structure is directly linked to its optical properties, which in turn govern the absorption spectrum. This relationship highlights the critical role of refractive index and impedance in tuning the absorber's performance.

B. Electromagnetic Response and S-Parameter Analysis

The proposed perfect absorber was simulated and evaluated in terms of reflectivity and absorption across a frequency range up to 10 THz. Fig. 9(a) presents both the absorption and reflectivity results. The absorber exhibits very low reflectivity in the lower frequency range, with a gradual linear increase up to 10 THz. In contrast, it maintains a stable absorption profile, beginning with near-perfect absorption and consistently remaining above the standard threshold of 0.8—indicating strong performance across the spectrum.

To provide a more detailed view, Fig. 9(b) presents a vertically scaled version of the absorption curve, along with the absolute value of the S_{11} scattering parameter (reflection coefficient). The S_{11} values remain very low up to 2 THz, indicating excellent impedance matching and minimal reflection. Around 6 THz and above, some moderate reactive behavior is observed, but it remains within acceptable limits. Overall, these results confirm that the absorber performs effectively across the full 0–10 THz frequency range.

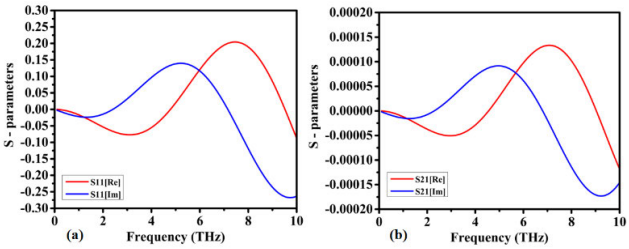


Fig. 10. Detailed simulation results. (a) Real and imaginary components of S_{11}. (b) Real and imaginary components of S_{21}.

Fig. 10(b) displays the S_{21} curve, which corresponds to the transmitted portion of the wave passing through the absorber. A key design goal was to minimize transmission (or energy leakage) and maximize absorption. The results show negligible transmission below 2 THz. Although the transmission slightly increases and peaks around 9 THz, the optimized back layer design ensures that maximum transmission remains below 0.2%, a remarkably low value given the wide operational bandwidth.

The absorption performance is exceptional throughout the spectrum, consistently achieving values above 0.92. The S_{11} curve further confirms this high performance, showing reflection values below -10 dB across the entire band, with initial values as low as -50 dB. These figures validate the effectiveness of the device over the full proposed bandwidth.

To provide a more comprehensive analysis of the sensor's scattering behavior, the complex S_{11} and S_{21} parameters are evaluated and plotted in Fig. 10.

Section V will present a detailed analysis of the internal electromagnetic fields and surface current distributions within the absorber, shedding light on the core working mechanisms of the proposed sensor.

V. Field Distributions, Surface Currents, and Angular Dependence

A thorough analysis of electric and magnetic field distributions, surface currents, and angular dependence provides critical insights into the operational efficiency of the proposed absorber. This section investigates the spatial distribution of the electric ($|E|$) and magnetic ($|H|$) fields for both the Ag resonators and the Ni backplane, including their real and imaginary components. In addition, surface current distributions are visualized for both layers to better understand their roles in the absorption mechanism. Finally, the effects of angular variations, such as incident and polarization angles, on absorption efficiency are examined to evaluate the absorber's performance under diverse operating conditions.

A. Electric and Magnetic Field Visualization

Fig. 11 shows the distribution of the electric field ($|E|$) for the Ag resonators, including both real and imaginary components. The real component, illustrated in Fig. 11(a), highlights the spatial intensity of the electric field associated with energy storage and resonance. The color gradient reveals strong field concentrations around the edges and curved sections of the resonators. The imaginary component, shown in Fig. 11(b), represents the dissipative part of the electric field,

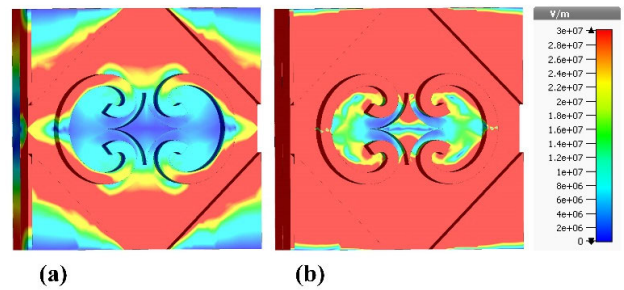


Fig. 11. Distribution of the electric field ($|E|$) for Ag resonators. (a) Real component of $|E|$. (b) Imaginary component of $|E|$.

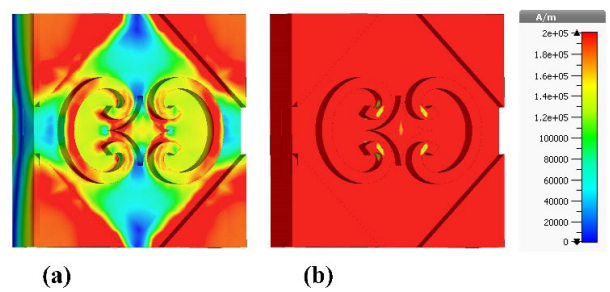


Fig. 12. Magnetic field ($|H|$) distribution for Ag resonators. (a) Real component of $|H|$. (b) Imaginary component of $|H|$.

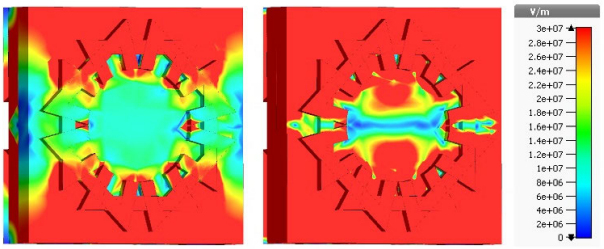
crucial for understanding energy loss and absorption dynamics. High-intensity regions near the resonator's intricate features indicate strong interactions with incident THz waves. These simulations demonstrate the resonators' role in achieving high field confinement and efficient energy absorption.

Fig. 12 presents the magnetic field ($|H|$) distribution for the Ag resonators. In Fig. 12(a), the real component reveals areas of magnetic energy storage and resonance, with significant enhancement around the curved regions of the structure. Fig. 12(b) displays the imaginary component, highlighting the dissipative magnetic field associated with energy loss. The strongest $|H|$ fields are observed near the inner edges of the resonators, supporting effective absorption mechanisms that enhance the absorber's overall performance.

Fig. 13 illustrates the electric field distribution on the Ni backplane. Fig. 13(a) shows the spatial intensity of the real component, with concentrated fields around detailed structural features. These areas indicate how the backplane reflects and amplifies incident electromagnetic waves, improving field confinement and contributing to absorption efficiency. Fig. 13(b) displays the imaginary component, representing areas of energy dissipation within the Ni layer. High field intensities in specific regions signal effective absorption and loss mechanisms critical to the absorber's function.

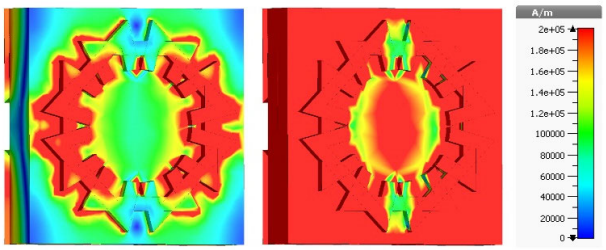
This rear-view analysis underscores the Ni backplane's dual role: enhancing field confinement and facilitating energy dissipation to achieve near-perfect absorption.

Fig. 14 presents the magnetic field distribution on the Ni backplane. In Fig. 14(a), the real component shows strong magnetic field confinement around the structural features, reinforcing the backplane's role in enhancing resonator coupling with incoming waves. Fig. 14(b) depicts the imaginary component, highlighting regions where magnetic field dissipation occurs. These areas correlate with efficient energy absorption,



(a) (b)

Fig. 13. Rear-view analysis of the Ni backplane, showing $|E|$-field distribution. (a) Real component. (b) Imaginary component.



(a) (b)

Fig. 14. Rear-view analysis of the Ni backplane, showing $|H|$-field distribution. (a) Real component. (b) Imaginary component.

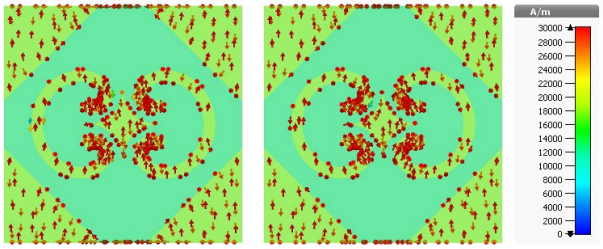
especially where the magnetic field interacts closely with the material.

Overall, the electric and magnetic field distributions confirm the Ni backplane's critical contribution to the absorber's functionality. By supporting strong electromagnetic field confinement and effective dissipation, it plays a central role in achieving high absorption efficiency across the THz spectrum.

B. Analysis of Surface Current and Angular Dependence

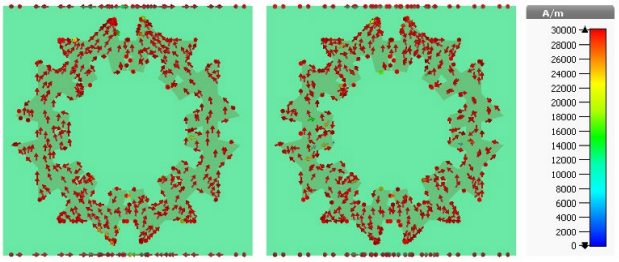
Fig. 15(a) illustrates the current distribution associated with the resonators' inductive and conductive behavior. The current is concentrated along the edges and intricate features of the Ag resonators, indicating regions of maximum energy flow and strong resonant interaction with incident THz waves. Fig. 15(b) shows the imaginary component of the current, representing the dissipative or reactive behavior, which is critical for energy absorption. Areas with intense imaginary currents correspond to zones of significant energy dissipation, contributing directly to the absorber's high efficiency. These visualizations highlight the Ag resonators' role in enabling strong electromagnetic coupling and effective absorption—key to optimal performance in the THz frequency range. The detailed current distribution patterns underscore the synergy between design geometry and material properties in maximizing operational efficiency.

Fig. 16(a) presents the real component of the surface current on the Ni backplane, depicting conductive current flow. The distribution shows current concentrated around the backplane's intricate geometric features, facilitating efficient electromagnetic interaction and reflection. Fig. 16(b) illustrates the imaginary component, which represents reactive current behavior associated with energy dissipation. Intense current regions in this plot confirm the Ni layer's important role in maximizing absorption. Together, these analyses



(a) (b)

Fig. 15. Visualization of surface current distribution on the Ag resonators. (a) Real part of the current. (b) Imaginary part of the current.



(a) (b)

Fig. 16. Surface current mapping on the Ni backplane. (a) Real component. (b) Imaginary component.

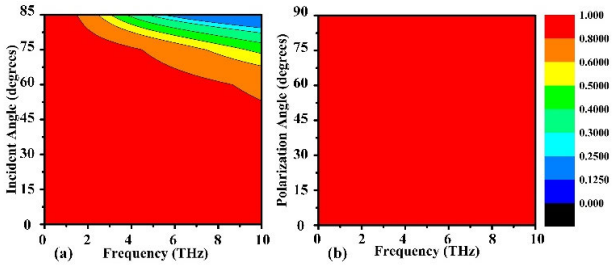


Fig. 17. Absorption efficiency as a function of angle. (a) Variations in incident angle. (b) Changes in polarization angle.

demonstrate how the Ni backplane supports both effective energy coupling and dissipation, reinforcing its essential contribution to the absorber's high performance. The distinct current patterns further emphasize the interplay between structural design and material selection in achieving efficient broadband absorption.

Fig. 17 evaluates the absorber's performance under angular variations, focusing on incident and polarization angles. Fig. 17(a) shows absorption efficiency across a range of incident angles and frequencies. The plot reveals that the absorber maintains nearly perfect absorption approaching 1.0 for incident angles up to approximately 70°, with only a gradual decline beyond that. This indicates strong angular robustness and adaptability under varying incidence conditions.

Fig. 17(b) illustrates the absorber's performance as a function of polarization angle. The uniform color distribution across the plot signifies that absorption efficiency remains consistent regardless of polarization orientation, confirming the polarization-insensitive nature of the design.

These results collectively demonstrate the absorber's versatility and reliability, maintaining high performance across a broad range of operational conditions. Its robustness to incident and polarization angle variations makes it a promising

candidate for practical applications in THz sensing, particularly in biomedical diagnostics and noninvasive detection.

VI. Feasibility of Fabricating the Proposed Nanometamaterial Absorber

The proposed nanometamaterial absorber, while designed for high electromagnetic performance, has also been intentionally engineered for fabrication feasibility using current and emerging nanofabrication technologies. The structure employs well-established materials such as Ag, SiO_2, TiO_2, and Ni, all of which are compatible with conventional deposition and patterning techniques. Thin films with thicknesses of 5–10 nm, as used in the absorber design, can be accurately deposited using atomic layer deposition (ALD), sputtering, or electron-beam evaporation, which are standard in semiconductor and nanophotonic fabrication processes. Nanoscale patterning of the absorber's resonators, which range from 30 to 56 nm in feature size, is achievable via electron-beam lithography (EBL) or focused ion beam (FIB) milling—tools that provide sub-10 nm resolution and are widely available in academic and commercial nanofabrication facilities.

For large-scale production beyond the prototyping stage, scalable and cost-effective techniques such as nanoimprint lithography (NIL) present a viable solution. NIL enables high-throughput replication of nanoscale patterns over large wafer areas using reusable molds and is particularly suitable for the absorber's planar architecture. Furthermore, roll-to-roll nanofabrication offers an emerging path for continuous production on flexible substrates, making the design amenable to integration into disposable point-of-care diagnostic platforms. Directed self-assembly (DSA) techniques, which allow for bottom-up formation of nanoscale patterns with excellent uniformity, are also promising for mass manufacturing in cases where extreme pattern density and scalability are required.

Importantly, despite its advanced functionality, the structural design of the absorber avoids unnecessary fabrication complexity. The configuration follows a planar, layered layout without the need for high-aspect-ratio features, vertical vias, or suspended membranes. The geometry of the resonators, composed of C-shaped, triangular, and cross-shaped elements, is designed to be both functionally effective and lithographically straightforward. Each layer in the stack (resonators, dual substrates, and backplane) can be fabricated in sequential steps without requiring advanced multilevel alignment or sacrificial layer processing, thus supporting reliable and reproducible manufacturing.

The nanoscale footprint of the unit cell ($100 \times 100 \times 30$ nm^3) makes the absorber particularly well-suited for dense integration into lab-on-chip biosensing systems. It enables the formation of high-density sensor arrays capable of multiplexed biomarker detection and facilitates compatibility with microfluidic platforms for sample delivery. In addition, the absorber's polarization-insensitive behavior and broad THz operational range (0.1–10 THz) significantly reduce the optical alignment constraints in practical systems, enhancing the potential for integration into compact, portable diagnostic devices.

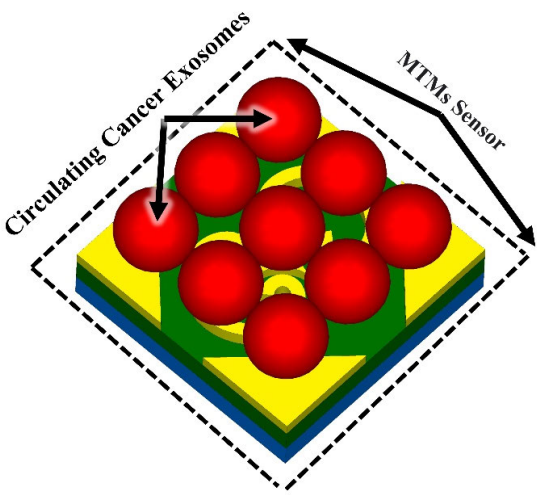


Fig. 18. Schematic of the nanometamaterial biosensor, illustrating the electric and magnetic field interactions with circulating cancerous and normal exosomes.

While challenges such as film uniformity, defect control, and pattern fidelity over large areas are inherent in nanoscale fabrication, these can be mitigated through established process optimization strategies. For instance, chemical-mechanical planarization (CMP) can ensure surface smoothness, and hard-mask etching combined with optimized resist profiles can improve pattern transfer quality. Protective dielectric coatings, such as thin Al_2O_3 films deposited by ALD, can also be used to enhance the environmental stability of sensitive layers like Ag without adversely affecting the absorber's performance.

VII. Diagnosis of Circulating Cancer Exosomes

The detection and diagnosis of circulating cancer exosomes represent a transformative advancement in early cancer detection. These nanoscale vesicles, secreted by tumor cells, carry molecular signatures that reflect their cellular origin, making them valuable biomarkers for noninvasive diagnostics. This section explores how the proposed nanometamaterial biosensor utilizes advanced electromagnetic field interactions to differentiate between normal and cancerous exosomes. Through distinct electric and magnetic field responses, the biosensor demonstrates high sensitivity and specificity, offering a promising tool for early stage cancer diagnosis and monitoring.

Fig. 18 illustrates the nanometamaterial biosensor and its interaction with both cancerous and normal exosomes. The biosensor is designed as a multilayered structure that enhances sensitivity to exosomal biomarkers. Cancerous exosomes, shown as red spheres, interact strongly with the sensor due to its efficient electric and magnetic field confinement. The schematic highlights how the metamaterial structure couples electromagnetic waves to exosomal particles, improving detection sensitivity and supporting the sensor's capability in noninvasive biomedical applications.

Fig. 19 presents the biosensor's performance in distinguishing between circulating cancerous and normal exosomes across the 0.1–10 THz range. Fig. 19(a) shows the electric field (E-field) response, where cancerous (red line) and normal (blue line) exosomes produce clearly distinct field magnitudes.

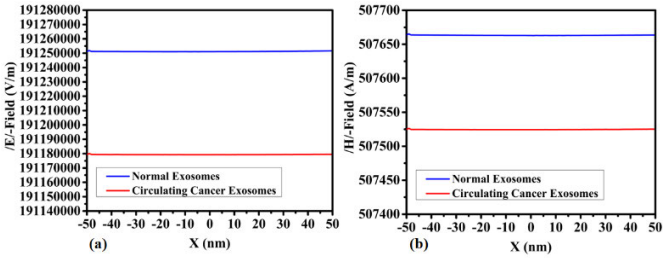


Fig. 19. Biosensor performance across the 0.1–10 THz spectrum, differentiating exosome types. (a) Electric field (E-field) response. (b) Magnetic field (H-field) response.

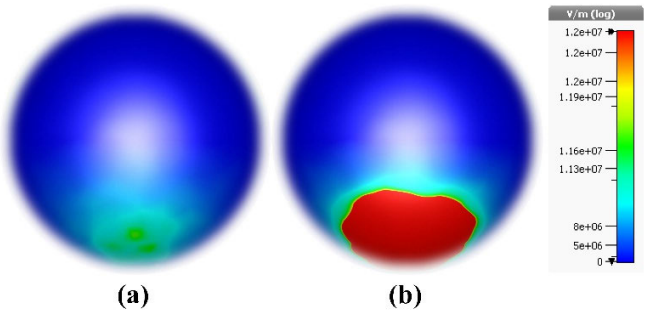


Fig. 20. Visualization of the electric field for exosome imaging. (a) Normal exosomes. (b) Cancerous exosomes.

Similarly, Fig. 19(b) illustrates the magnetic field (H-field) response, with significant separation in values between the two exosome types. These differences highlight the biosensor's ability to detect unique electromagnetic signatures, confirming its effectiveness in exosome classification.

Further insights are provided through electric field distribution analyses. Fig. 20(a) displays the E-field around normal exosomes, characterized by low intensity and surface-localized interactions. The uniform blue coloration reflects minimal coupling with the metamaterial sensor. In contrast, Fig. 20(b) reveals the E-field around cancerous exosomes, showing significantly stronger field intensities with red and green regions concentrated near the exosome surface. This enhanced interaction is attributed to variations in dielectric properties and molecular composition.

These electromagnetic differences are supported by the distinct refractive indices and dielectric constants of exosomes. Normal exosomes typically exhibit refractive indices between 1.37 and 1.40 and dielectric constants (ε_r) ranging from 3 to 5. Cancer-derived exosomes, however, present higher values, with refractive indices from 1.40 to 1.45 and dielectric constants between 7 and 10 [52], [53], [54], [55], [56], [57], [58]. These variations, resulting from tumor-related molecular changes, serve as reliable biomarkers for biosensing.

By leveraging these dielectric differences, the nanometamaterial biosensor demonstrates exceptional sensitivity in detecting and distinguishing exosome types. This enhances its potential for noninvasive cancer biomarker detection, supporting advancements in early diagnostics and precision medicine.

Fig. 21(a) shows the magnetic field distribution around normal exosomes, with relatively weak and uniform field intensity indicated by blue-green coloration. This suggests minimal interaction with the sensor's magnetic response. In contrast,

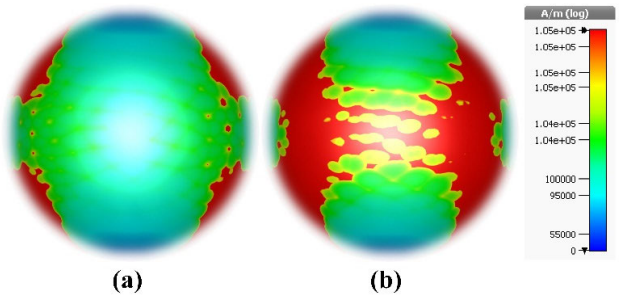


Fig. 21. Visualization of the magnetic field for exosome imaging. (a) Normal exosomes. (b) Cancerous exosomes.

TABLE II
MATERIAL AND STRUCTURAL FEATURES OF THE PROPOSED ABSORBER

Feature	Proposed Design Details	Significance
Frequency Range	0.1–10 THz	The ideal terahertz range for early-stage cancer detection, 0.1–10 THz, excels at analyzing tissue molecular properties.
Absorption Efficiency	>92%	High energy absorption across the range ensures effective biosensing.
Resonator Material	Silver (5 nm)	Strong plasmonic response critical for THz resonance.
Substrate 1	SiO_2 (10 nm)	Optimizes wave interaction and improves absorption.
Substrate 2	TiO_2 (10 nm)	Enhances sensor stability and performance.
Ground Material	Nickel (5 nm)	Unique choice improves impedance matching and noise reduction.
Polarization Sensitivity	Insensitive	Reliable operation under varying polarization states.
Negative Permittivity	Achieved at 4.85 THz	Improves sensitivity to biological samples like exosomes.

Fig. 21(b) highlights the magnetic field around cancerous exosomes, featuring higher intensities and distinctive patterns. Bright green and red regions indicate strong coupling and elevated electromagnetic absorption, likely due to unique magnetic or molecular properties.

These simulation results reinforce the sensor's ability to differentiate between cancerous and normal exosomes based on magnetic responses, confirming its value as a precise, noninvasive diagnostic tool for early stage cancer detection.

VIII. BENCHMARKING

In this section, we highlight the key features and advantages of the proposed dual-substrate nanometamaterial absorber with negative permittivity for THz biosensing, particularly for early cancer detection via circulating exosomes. The performance metrics below demonstrate the design's effectiveness across the 0.1–10 THz frequency range. A summary of these features is presented in Tables II–V.

A. High Absorption Efficiency

The proposed absorber achieves an exceptional absorption efficiency exceeding 92% across the full 0.1–10 THz spectrum. This high efficiency maximizes the interaction between THz radiation and the material, ensuring optimal energy absorption.

Its broad frequency coverage enhances the sensor's versatility for various THz biosensing applications.

B. Advanced Material Selection and Design

The design features a carefully selected combination of materials and structural elements.

1) 5-nm Ag resonators enable strong plasmonic resonance, crucial for high sensitivity at THz frequencies.
2) A dual-substrate configuration using 10-nm SiO_2 and 10-nm TiO_2 enhances electromagnetic wave confinement and improves overall absorption.
3) A 5-nm Ni ground plane contributes to impedance matching and absorption efficiency.

These material and geometric optimizations result in a high-performance absorber suitable for wideband THz applications.

C. Polarization Insensitivity

A key advantage of the design is its polarization-insensitive response. The sensor maintains consistent performance regardless of the polarization state of incident THz waves. This is particularly valuable in real-world biosensing environments, where the polarization of incoming radiation may vary. This feature ensures stable and reliable sensor operation across diverse experimental conditions.

D. Negative Permittivity for Enhanced Sensitivity

At 4.85 THz, the absorber exhibits negative permittivity ($\varepsilon < 0$), a property that significantly enhances its sensitivity to small changes in the refractive index of biological samples, such as exosomes. Negative permittivity facilitates stronger coupling between THz waves and the target biomarkers, enabling more robust signal detection. This is especially beneficial for identifying low-concentration biomarkers associated with early stage cancer.

E. Optimized for Early Cancer Detection via Circulating Exosomes

The sensor is specifically tailored for the detection of circulating exosomes, nanosized vesicles that carry key molecular markers indicative of early cancer. The ability to detect these biomarkers with high sensitivity and across a wide frequency range represents a significant advance in noninvasive diagnostic technology. Its performance makes the proposed sensor a strong candidate for early stage cancer detection and related biomedical applications.

F. Noise Minimization

The unique dual-substrate design of the nanometamaterial absorber plays a key role in minimizing signal noise, one of the primary challenges in THz biosensing. By leveraging negative permittivity and the hybrid resonator-substrate configuration, the sensor significantly reduces background interference, resulting in cleaner and more accurate signal acquisition. This reduction in noise is critical for improving the precision and reliability of early cancer detection, where clear differentiation between normal and cancerous exosomes is essential.

TABLE III
PERFORMANCE METRICS OF THE PROPOSED ABSORBER

Metric	Proposed Design Performance	Description
Absorption Bandwidth	0.1–10 THz	A wide range, especially between 0.1 and 10 THz, ensures compatibility with various biomarkers.
Absorption Efficiency	>92%	Demonstrates high absorption across the entire operational range.
Noise Reduction	Significant	Optimized material and structural design minimize signal noise for clearer detection.
Sensitivity	Enhanced by negative permittivity	Capable of detecting low-concentration biomarkers in early cancer stages.
Application Focus	Early cancer detection via circulating exosomes	Specifically tailored for accurate biosensing.
Resonator Configuration	Dual substrate (SiO_2 & TiO_2) with silver resonators	Hybrid structure maximizes performance and reliability.
Polarization Dependence	Polarization-insensitive	Ensures consistent operation under varying incident wave polarizations.

G. Comparative Analysis

The proposed nanometamaterial THz biosensor demonstrates significant advantages over existing designs, particularly for early stage cancer detection via circulating exosomes. As summarized in Tables IV and V, it operates across a broad frequency range of 0.1–10 THz, outperforming sensors with narrower ranges such as sensor A (2.54–5.54 THz) and sensor D (0.80–1.87 THz) [55], [56]. This wide bandwidth enables comprehensive analysis of molecular properties, making it especially suitable for biomedical applications.

The sensor achieves an absorption efficiency exceeding 92%, on par with or surpassing leading designs like sensor A (>90%) and sensor D (>99%) [55], [60]. Its dual-substrate design (SiO_2 and TiO_2) enhances wave interaction, absorption efficiency, and stability—whereas most competitors, such as sensor A and B, use single-substrate configurations that lack this optimization [55], [57].

In terms of compactness, the proposed sensor's ultrathin structure comprising 5-nm Ag, 10-nm SiO_2, 10-nm TiO_2, and 5-nm Ni greatly outperforms bulkier alternatives such as sensor A (24 000 nm total thickness) and sensor G (75 000 nm) [55], [58]. Its unit cell size of $100 \times 100 \times 30$ nm allows for easy integration with microelectronic and biomedical platforms, unlike macroscale sensors such as [26] and [55].

A key innovation is the achievement of negative permittivity at 4.85 THz, absent in all compared designs. This enables enhanced sensitivity to nanoscale biomarkers like exosomes, a feature missing from general-purpose sensors [55], [56]. In addition, the sensor exhibits significant noise reduction, outperforming designs with only moderate noise control [55], [59].

The sensor is also polarization-insensitive, ensuring reliable operation under varying polarization states—a trait it shares with most leading designs [55], [60], but with greater stability due to its material configuration.

TABLE IV
COMPARISON OF THz BIOSENSORS FOR EARLY CANCER DETECTION (0.1–10 THz)

Parameter	Proposed Sensor	Sensor A [55]	Sensor B [57]	Sensor C [60]	Sensor D [56]	Sensor E [64]	Sensor F [63]	Sensor G [58]
Frequency Range (THz)	0.1–10	2.54–5.54	3.05–8.14	2.34 –5.64	0.80–1.87	3.01–7.27	7–9.5	2.7–5.7
Absorption Efficiency (%)	>92%	>90 %	>90 %	>90 %	> 99%	>90 %	>90 %	>90 %
Substrate Design	Dual substrate (SiO_2 and TiO_2)	Single	Single	Single	Single	Single	Single	Single
Thickness of Components (nm)	5 nm (silver), 10 nm (SiO_2, TiO_2), 5 nm (nickel)	24,000 nm (Vo2), 24,000 nm (Polyimide), 10,000 nm (Au)	28,000 nm (Vo2), 28,000 nm (Quartz), 8,200 nm (Au)	30,000 nm (Vo2), 30,000 nm (SiO_2), 9,200 nm (Au)	33,000 nm (Graphene), 33,000 nm (polyimide), 36,000 nm (Au)	24,000 nm (Vo2), 24,000 nm (SiO_2), 7,000 nm (Au)	25,000 nm (Graphene), 25,000 nm (SiO_2), 25,000 nm (Au)	75,000 nm (Vo2), 75,000 nm (Quartz), 11,000 nm (Au)
Negative Permittivity	Observed at 4.85 THz	not observed	not observed	not observed	not observed	not observed	not observed	not observed
Sensitivity to Exosomes	High	Low, due to the nano-scale size of exosomes	Low, due to the nano-scale size of exosomes	Low, due to the nano-scale size of exosomes	Low, due to the nano-scale size of exosomes	Low, due to the nano-scale size of exosomes	Low, due to the nano-scale size of exosomes	Low, due to the nano-scale size of exosomes
Polarization Insensitivity	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Noise Reduction	Significant	Moderate	Moderate	Moderate	Low	Moderate	Moderate	Moderate
Application Focus	Early cancer detection via circulating exosomes	General-purpose	General-purpose	General-purpose	General-purpose	General-purpose	General-purpose	General-purpose

TABLE V
COMPARATIVE ANALYSIS WITH RELEVANT WORK

Ref.	Operation Range (THz)	Unit cell Dimension (nm)	Materials	Bandwidth (THz)	Size Scale	Noise Level	Exosome Detection Capability
[55]	2.54–5.54	24,000 × 24,000 × 10,000	Vo2,Polyimide,Au	3	Micron	Moderate	No
[59]	8.5–11	35,000 × 35,000 × 13,850	Vo2, SiO_2, Au	2.5	Micron	High	No
[57]	3.05–8.14	28,000 × 28,000 × 8,200	Vo2, Quartz, Au	5.09	Micron	Moderate	No
[60]	2.34 –5.64	30,000 × 30,000 × 9,200	Vo2, SiO_2, Au	3.30	Micron	Moderate	No
[56]	0.80–1.87	33,000 × 33,000 × 36,000	Graphene, Polyimide, Au	1.07	Micron	High	No
[62]	1.63–12.39	30,000 × 30,000 × 20,000	Vo2, Topas, Au	10.76	Micron	High	No
[65]	1.75–5	55,000 × 55,000 × 15,000	ITO, PET	3.25	Micron	Moderate	No
[63]	7–9.5	25,000 × 25,000 × 25,000	Graphene, SiO_2, Au	2.5	Micron	Moderate	No
[64]	3.01–7.27	24,000 × 24,000 × 7,000	Vo2, SiO_2, Au	4.26	Micron	Moderate	No
[58]	2.7–5.7	75,000 × 75,000 × 11,000	Vo2, Quartz, Au	3	Micron	Moderate	No
[61]	0.1–16	40,000 × 40,000 × 870,000	ECCOSORB AN-72, SiO_2, Ni	15.9	Micron	High	No
This work	0.1–10	100 × 100 × 30	Ag, SiO_2, TiO_2,Ni	9.9	Nano	Low	Yes

While sensor [61] operates over a slightly wider range (0.1–16 THz), its larger 15.9-THz bandwidth sacrifices specificity. In contrast, the proposed sensor's 9.9-THz bandwidth is more targeted, maintaining both efficiency and sensitivity. Moreover, the proposed sensor's nanoscale footprint contrasts sharply with sensor [55] (24 000 × 24 000 × 10 000 nm) and sensor [26] (30 000 × 30 000 × 20 000 nm), offering a significant advantage in portability and device integration.

Material selection also distinguishes this design: Ag, SiO_2, TiO_2, and Ni provide strong plasmonic resonance, stability, and noise reduction. Competing designs using graphene or Au [6], [60]may offer good conductivity but lack specialized performance for nanoscale exosome detection.

Critically, this is the only sensor specifically designed to detect circulating cancer exosomes. Competing sensors are generalized and do not provide optimized electromagnetic interactions for exosome detection. The combination of negative permittivity, broad THz range, and nanoscale precision allows the proposed sensor to exceed the capabilities of broader-use designs such as [59] and [61].

In terms of bandwidth, the sensor's 9.9-THz range surpasses several others, including [55] (3 THz) and [63] (2.5 THz) while maintaining low noise and high sensitivity. Although sensor [62] offers a slightly larger bandwidth (10.76 THz), it is limited by higher noise levels and lacks specificity for exosomes. The compact, nanoscale design of the proposed sensor ensures seamless integration into portable biomedical diagnostic devices, giving it a clear edge in practical applications.

IX. FUTURE PERSPECTIVE

The proposed THz nanometamaterial absorber represents a transformative step in early cancer detection and paves the way for next-generation biosensing technologies. Future research should aim to optimize the device for broader clinical use, including multibiomarker detection and advanced disease staging. Integrating machine learning algorithms with the sensor's high sensitivity and specificity could enable real-time data analysis and predictive diagnostics, enhancing its role in personalized medicine.

To expand biomedical applicability, miniaturizing the sensor within integrated lab-on-chip systems is a critical next step. This would enable portable, point-of-care diagnostic devices capable of detecting exosomes and other nanoscale biomarkers directly from biological fluids, offering a major leap in noninvasive diagnostics, especially in resource-limited settings.

Material innovation also has the potential to boost performance. While the current design utilizes Ag, SiO_2, TiO_2, and Ni for their favorable properties, exploring emerging MTMs and hybrid plasmonic-quantum systems could further improve sensitivity and reduce noise. In addition, expanding the operational frequency range beyond 10 THz could facilitate

the detection of a wider array of biomarkers, creating a more comprehensive diagnostic platform.

Finally, clinical validation through in vivo testing is essential to confirm the sensor's efficacy and safety in real-world settings. Collaboration with oncologists and healthcare institutions will be key to accelerating clinical adoption. With continued development, the proposed sensor could redefine early cancer diagnostics, enable the next-generation biosensing, and contribute to improved patient outcomes and reduce global healthcare costs.

X. Conclusion

The proposed nanometamaterial THz biosensor introduces a transformative approach to early cancer detection by enabling the precise and sensitive identification of circulating cancer exosomes. Operating across a broad frequency range of 0.1–10 THz, it addresses the critical need for detailed molecular analysis in the THz domain, making it well-suited for biomedical applications. With an absorption efficiency exceeding 92%, the sensor ensures robust detection of subtle electromagnetic interactions associated with nanoscale biomarkers. Its compact nanoscale design (100 × 100 × 30 nm) significantly outperforms the bulkier, micrometer-scale alternatives, facilitating integration into portable diagnostic devices.

The sensor's construction—using Ag, SiO_2, TiO_2, and Ni—is key to its superior performance. The Ag layer enables strong plasmonic resonance, while the dual substrates enhance wave interaction, structural stability, and absorption. The Ni backplane provides impedance matching and minimizes signal noise. In addition, the sensor achieves negative permittivity at 4.85 THz, allowing precise differentiation between normal and cancerous exosomes. This level of specificity is critical for early stage cancer diagnostics, something conventional THz sensors struggle to achieve.

The design also addresses common challenges in the field. Polarization insensitivity ensures consistent performance regardless of the incident wave's polarization, and low noise levels improve detection accuracy, increasing the sensor's reliability in practical applications. In contrast, existing sensors (see Tables IV and V) often suffer from higher noise, narrower frequency ranges, and limited sensitivity to nanoscale biomarkers.

With a competitive 9.9-THz bandwidth, the sensor strikes a balance between a wide operational range and high precision. Unlike some broadband sensors that compromise on signal quality, this design maintains performance while enabling the detection of key cancer biomarkers such as exosomes. Its noninvasive detection capabilities offer a significant advance in early diagnostics, with the potential to improve patient outcomes and reduce healthcare costs.

The proposed THz biosensor stands out through its compact form factor, innovative material integration, low noise, and targeted exosome detection. Purpose-built for early cancer diagnostics, it sets a new benchmark for sensitivity and specificity in THz biosensing. Beyond cancer detection, this platform holds promise for broader applications in molecular characterization and real-time biosensing, marking a significant step forward in noninvasive diagnostic technologies.

XI. Road Map for Experimental Validation and Specificity Assessment

The practical application of the proposed THz nanometamaterial absorber for cancer diagnostics hinges not only on its theoretical performance but also on experimental validation under realistic biological conditions. While the current study focuses on comprehensive electromagnetic simulations and structural optimization, the next phase of this research will involve systematic experimental efforts to fabricate, characterize, and biologically validate the sensor. A structured roadmap has been formulated to bridge the gap between theoretical promise and real-world deployment.

The fabrication process will employ established nanofabrication techniques such as EBL for patterning the Ag resonators, and ALD or sputtering for thin-film deposition of SiO_2, TiO_2, and Ni layers. The use of standard silicon or quartz wafers will support CMOS compatibility and facilitate integration into microfluidic platforms. After fabrication, characterization of the absorber's electromagnetic response will be conducted using THz time-domain spectroscopy (THz-TDS), providing direct measurement of absorption spectra across the 0.1–10 THz range and enabling comparison with simulation results.

To simulate realistic sensing conditions, we have already incorporated biologically relevant optical properties into our electromagnetic models. Specifically, cancerous exosomes are characterized by slightly elevated refractive indices (1.40–1.45) and dielectric constants ($\varepsilon_r \approx$ 7–10), whereas normal exosomes exhibit lower values (1.37–1.40; $\varepsilon_r \approx$ 3–5). These parameters were used to generate distinct electromagnetic signatures, demonstrating the sensor's ability to differentiate between cancerous and normal exosomes. In Figs. 19–21, the spatial electric and magnetic field distributions confirm strong localized resonance for cancerous exosomes, with weaker responses observed for noncancerous ones. This result substantiates the sensor's high specificity under modeled conditions and provides a compelling basis for further in vitro testing.

Biological testing will involve isolating exosomes from clinical plasma samples using differential centrifugation and immunoaffinity capture techniques. These samples will then be introduced into the sensing platform using a microfluidic interface designed to concentrate analytes over the active sensing surface. Real-time monitoring via THz-TDS will be used to detect and quantify shifts in absorption characteristics corresponding to the interaction with different types of exosomes. By analyzing the spectral and field response, we aim to determine the sensor's ability to distinguish cancer-specific biomarkers from the heterogeneous background of biological vesicles and proteins.

Addressing the issue of specificity, the proposed design incorporates several inherent features that improve selectivity and suppress noise. The negative permittivity achieved at 4.85 THz allows the sensor to exhibit heightened sensitivity to small permittivity shifts in the surrounding medium, which are characteristic of cancerous exosomes. Moreover, the strong field confinement enabled by the plasmonic Ag resonators ensures localized interaction at the sensor surface,

minimizing interference from nontarget particles. The dual-substrate configuration of SiO_2 and TiO_2 contributes to enhanced impedance matching and reduced background reflection, thereby maximizing signal clarity. Our simulations demonstrate minimal reflectivity (<-10 dB) and negligible transmission ($<0.2\%$) across the target band, indicating high energy absorption and a robust signal-to-noise ratio.

To further improve signal fidelity, the integration of pre-sensing purification steps—such as size-exclusion filtration or antibody-based capture—will be considered in the final prototype design. These steps will reduce the presence of nonexosomal vesicles and ensure that only target particles interact with the sensing surface, enhancing diagnostic specificity. Future work will also explore machine learning-based classification of THz spectral patterns to automate and improve the differentiation of exosomal subtypes.

Competing Interests

The authors declare no competing interests.

Data Availability

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

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From May to December 2018, he was a Ph.D. Visiting Researcher with the Chalmers University of Technology, Gothenburg, Sweden. His training during this visit included a research stage at Swedish Company "Gap Waves AB." During the Ph.D. degree (November 2016 to February 2020), he has attended 13 European doctoral schools in the fields of electromagnetics, antennas, metamaterials, metasurfaces, RF and Microwave technologies, millimeter-waves and terahertz circuits, which were organized by various European universities and organizations, and he successfully achieved all the credits leading him to obtain the Ph.D. degree with European label. In November 2019, he was the winner of a postdoctoral research fund for two years awarded by UNITOV. From July 2021 to August 2024, he was with the Department of Signal Theory and Communications, Universidad Carlos III de Madrid (UC3M), Getafe, Spain, as a Principal Investigator of the CONnecting EXcellence (CONEX)-Plus Talent Training Programme and Marie Skodowska-Curie Actions Programme. During this Program, he has spent two secondments at the Microwave Engineering Center for Space Applications (MECSA), Rome, Italy, from April to August 2024, and SARAS Technology Company Ltd., Leeds, U.K., from December 2022 to May 2023. In addition, during this program he had some short research visits at the University of Catania, Catania, Italy, in May 2024, along with an invited lecture entitled "Terahertz Antennas based on Metasurface and SIW" for the master's and Ph.D. students, and Postdoctoral Researchers; University of Messina, Messina, Italy, in May 2024; University of Bradford, Bradford, U.K., in May 2023; and Edinburgh Napier University, Edinburgh, U.K., in April 2023. For academic years 2021 and 2022, he received the "Teaching Excellence Acknowledgement" certificate for the course of "electromagnetic fields" from the Vice-Rector of studies of UC3M. From 1 September 2024 to 30 June 2025, he was with UNITOV as a Senior Researcher. In July 2025, he joined to University of Galway, Ireland, as a ROSETTA Fellow co-funded by the European Commission under the Horizon Europe: Marie Sklodowska-Curie Actions Programme; and Lero, the Research Ireland Centre for Software, which are coordinated by University of Galway and involved four other universities (Implementing Partners): University College Cork, Cork, Ireland, University College Dublin, Dublin, Ireland, University of Limerick, Limerick, Ireland, and Trinity College Dublin, Dublin. His research interests include electromagnetic systems, antennas and wave-propagations, metamaterials and metasurfaces, RF and microwave technologies, sensors, synthetic aperture radars (SAR), 5G and beyond wireless communications, multiple input multiple output (MIMO) systems, RFID tag antennas, substrate integrated waveguides (SIWs), impedance matching circuits, millimeter-waves and terahertz integrated circuits, gap waveguide technology, beamforming networks, and "reconfigurable intelligent surfaces (RIS)," leading him to publish one book, nine book chapters, more than 150 research articles in scientific journals, and more than 100 research papers in international conferences, including 47 in-person presentations in 29 conferences and 26 on-line presentations in 12 conferences. His research works received more than 8100 citations with an H-index above 57 reported by Scopus, Google Scholar, and ResearchGate. According to Stanford University's yearly analysis, he has been among the World's Top 2% Scientists of highly cited scientific authors since 2020. He was listed in both Career Long and Single Year Impact on Stanford's list.

Dr. Alibakhshikenari is a member of the reviewer panel of Dutch Research Council (NWO) and U.K. Research and Innovation (UKRI) Funding Service and the External Examiner of several Ph.D. dissertations from various worldwide universities. He was a recipient of the two young engineer awards of the 47th and 48th European Microwave Conferences held in Nuremberg, Germany, in 2017, and in Madrid, Spain, in 2018, respectively. In April 2020, his research article entitled "*High-Gain Metasurface in Polyimide On-Chip Antenna Based on CRLH-TL for Sub-Terahertz Integrated Circuits* (Scientific Reports, vol. 10, Article number 4298, 2020)" was awarded as the Best Month Paper at the University of Bradford. In addition, he serves the role of an Associate Editor for two scientific journals of *Radio Science* and *The Journal of Engineering* (IET). He acts as a referee in several journals, and is the Technical Program Committee (TPC) and session chair of several international conferences.

Sunil Lavadiya received the M.Tech. degree in communication engineering from Nirma University, Ahmedabad, India, in 2010, the B.Tech. degree in electronics and communication from Saurashtra University, Rajkot, India, in 2008, and the Ph.D. degree in high-gain frequency reconfigurable liquid metamaterial microstrip patch antenna from Marwadi University, Rajkot, India, in 2022.

He was working as an Associate Professor with the Department of Information and Communication Technology, Marwadi University, Rajkot. He has adapted to all aspects of Electronics and Communication Engineering, including training, education, and research. He has published 50 SCI research articles, 12 SCOPUS index articles, eight book chapters, and five papers in an international conference, and filed four design patents and one copyright. He works in the multiple input multiple output (MIMO), sensors, reconfigurable, superstrate, solar absorber, and liquid antennas.

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Iftikhar ud Din received the B.Sc. and M.Sc. degrees in telecommunication engineering from the University of Engineering and Technology, Peshawar, Pakistan, in 2017 and 2021, respectively.

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Bruno Cavalcante de Souza Sanches (Member, IEEE) received the B.S. degree in information engineering and the M.Sc. degree in energy from the Federal University of ABC, Santo André, Brazil, in 2011 and 2013, respectively, and the Ph.D. degree in microelectronics from the Integrated Systems Laboratory (LSI), University of São Paulo, São Paulo, Brazil, in 2021, working in the design of a novel mixed signal integrated circuit used in the ALICE experiment in the Conseil Européen pour la Recherche Nucléaire (European Council for Nuclear Research) Large Hadron Collider (CERN LHC).

He has more than 15 years of experience in electronics and microelectronics design. He has been involved in hardware development, smart grids, algorithms, artificial intelligence, digital communication systems, electronic design automation (EDA) tools, electronics for high energy physics experiments, and in several systems targeting early cancer detection, including bioimpedance spectroscopy and microwave imaging.

Slawomir Koziel (Fellow, IEEE) received the M.Sc. and Ph.D. degrees in electronic engineering from Gdańsk University of Technology, Gdańsk, Poland, in 1995 and 2000, respectively, and the M.Sc. degrees in theoretical physics and mathematics, in 2000 and 2002, respectively, and the Ph.D. degree in mathematics from the University of Gdańsk, Gdańsk, in 2003.

He is currently a Professor with the Department of Engineering, Reykjavik University, Reykjavík, Iceland. His research interests include CAD and modeling of microwave and antenna structures, simulation-driven design, surrogate-based optimization, space mapping, circuit theory, analog signal processing, evolutionary computation, and numerical analysis.

Syeda Iffat Naqvi (Senior Member, IEEE) received the Ph.D. degree in telecommunication engineering from the University of Engineering and Technology, Taxila, Pakistan, in 2021.

She is currently serving as an Assistant Professor with the University of Engineering and Technology. She has authored and co-authored numerous technical articles in ISI-indexed journals and delivered a number of conference talks. She is working toward the design and implementation of multiple input multiple output (MIMO) antenna systems for millimeter-wave 5G and beyond wireless communication applications, metamaterials, terahertz and sub-terahertz antennas, beam-steerable antenna arrays, and ridge gap waveguide-based antennas.

Dr. Iffat Naqvi is also a frequent reviewer of various prestigious journals. Furthermore, she has served as a Technical Committee member for a number of international conferences and as a guest editor for various Special Journal Issues.

Abinash Panda (Senior Member, IEEE) received the B.Tech. and M.Tech. degrees in electronics and communication engineering from the Biju Patnaik University of Technology (BPUT), Odisha, India, in 2008 and 2012, respectively, and the Ph.D. degree from the National Institute of Technology, Silchar, Assam, India, in 2023.

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Bal S. Virdee (Senior Member, IEEE) received the B.Sc. (Eng.) degree in communications engineering from the University of Leeds, Leeds, U.K., in 1984, and the Ph.D. degree in electronics engineering from the University of London, London, U.K., in 1996.

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Prof. Virdee is the Chief Editor of Frontiers in Antennas and Propagation and holds several prestigious professional designations: Fellow of the Institution of Engineering and Technology (FIET), Chartered Engineer (CEng), and Senior Fellow of the Higher Education Academy (SFHEA).

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During his stay at Lorestan University, Khorramabad, Iran, as an Assistant Professor, from 2018 to 2024, he has mentored several B.Sc., ten M.Sc. theses, and four Ph.D. dissertations. He is the author of more than 106 ISI articles and three book chapters. His research interests include very large scale integration (VLSI), nanoelectronics, plasmonics, and the investigation of new materials for integrated photonics.

Dr. Farmani was a recipient of the Fellowship for Ph.D. study at Shiraz University as an Exceptional Talent. He received the Shiraz Distinguished Ph.D. Dissertation Award for his work on plasmonic nanostructures. He was also a recipient of the Excellent Reviewer Award from Elsevier and IEEE JOURNALS from 2017 to 2024.

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During his structured Ph.D. Program from September 2016 to June 2021, he has attended European Doctoral Schools organized by various European universities and organizations, and he successfully achieved all the credits, leading him to obtain his structured Ph.D. degree with the European label. He was a Short-Term Visiting Professor with the Department of Energy and Electrical Engineering, Chang'an University, Xi'an, China. He is currently a Professor with the Department of ICT, Islamic University. He is also a Postdoctoral Fellow with the Department of Signal Theory and Communications, University Carlos III of Madrid (UC3M), Leganes, Madrid, Spain. His research interests include cognitive radio-based Internet of Things, machine learning/deep learning-based wireless communications, terahertz (THz) communications, optimization-based wireless communications, and massive multiple input multiple output (MIMO) antennas-based wireless communications. The above research lines have produced more than 70 publications in international journals, presentations at international conferences, and book chapters with a total number of citations of more than 1179 and an H-index of 15 reported by Google Scholar, Scopus, and ResearchGate.

Dr. Miah is a Research Member of the Communications Group, in the department of Signal Theory and Communications, University Carlos III of Madrid (UC3M), Leganes, Madrid, Spain, started in October 2021. He is serving as an Editorial Board Member for Scientific Reports. He also acts as a referee in several highly reputed journals and international conferences. He was a recipient of the three-year "ICT Ministry Scholarship" funded by the Ministry of ICT Division, Dhaka, Bangladesh, started in September 2013. He was a recipient of a four-year structured Ph.D. "Hardiman Scholarship," funded by the University of Galway, started in September 2016. Since 2010, he has been with the Department of Information and Communication Technology, Islamic University. He was a recipient of a three-year research grant funded by the University Carlos III of Madrid (UC3M) under the prestigious "30 Postdoctoral Fellowship," started in October 2021. He received the "Teaching Excellence Acknowledgment" Certificate for the course of Simulation and Optimization of Communication Systems from the Vice-Rector of Studies of UC3M. He received the "Best Presentation Award" from the ICMEE-2023: 9th International Conference on Mechanical and Electronics Engineering in 2023.

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From 1991 to 1993, he was a Scientific Officer with the Institute of Electronics and Material Science (IEMS), Bangladesh Atomic Energy Commission (BAEC), Savar, Dhaka, Bangladesh. From July 1999 to July 2009, he was a Lecturer with the Faculty of Engineering, MMU. From July 2009 to March 2012, he was a Senior Lecturer with IMEN, UKM. From June 2010 to December 2012, he was an Associate Fellow with the Department of Electrical, Electronics, and Systems Engineering, Faculty of Engineering and Built Environment, UKM. From March 2012 to December 2016, he worked as an Associate Professor with the Institute of Microengineering and Nanoelectronics (IMEN), UKM. From April 2017 to March 2020, he was an Associate Fellow with IMEN, UKM. He is currently a Professor with the Faculty of Engineering, MMU. He is also the Head of the Micro/Nano Electronics System (MiNES) Laboratory, IMEN. He received internal and external research funds for doing his research work at IMEN, UKM, from 2010 to 2016. His research support also partly contributed to the award of the Higher Education Center of Excellence (HiCOE) from the Malaysian government to IMEN recently. He has published 78 ISI and SCOPUS, five research books, one chapter in a book, and 90 conference proceedings. He filed one patent. His expertise covers a wide range of engineering disciplines, including micro/nano system design, VLSI design, microcontroller-based system design, micro-powering harvesting, and digital communication systems.

Dr. Islam is a member of the IEEE Circuits and Systems Society, a member of the Bangladesh Electronics Society, and an Associate Member of Bangladesh Computer Society (AM476).